

## METHODS OF TREATMENT OF NEUROLOGICAL DISEASES BY FOLK MEDICINE

*Bo'taxonov Farrux To'lqinjon o'g'li*

*Department of Rehabilitation, Sports Medicine and Folk Medicine  
Assistant*

**Abstract:** Neurological infections are a gathering of issues that influence the sensory system, including the mind, spinal rope, and nerves. These infections can essentially affect an individual's personal satisfaction, and finding viable medicines is fundamentally important for the two patients and medical care suppliers. While present day medication has taken extraordinary steps in the treatment of neurological sicknesses, there is likewise a long history of utilizing people medication to address these circumstances. In this article, we will investigate the techniques for treatment of neurological illnesses by society medication, looking at the possible advantages and restrictions of these methodologies.

**Keywords:** Disease, folk medicine, treatments, advice, neurology, effects

**Introduction:** Society medication, otherwise called customary or native medication, envelops a large number of practices and cures that have been gone down through ages inside a particular culture or local area. These practices frequently include the utilization of regular substances like spices, plants, and minerals, as well as different customs and profound convictions. With regards to neurological sicknesses, society medication offers a different cluster of therapies that are accepted to address the basic causes and side effects of these circumstances.

One normal strategy for treatment in people medication is the utilization of natural cures. Many societies have a rich custom of utilizing explicit plants and spices to address neurological side effects like cerebral pains, seizures, and mental deterioration. For instance, in conventional Chinese medication, the spice Ginkgo biloba is frequently used to work on mental capability and memory in patients with neurological problems like Alzheimer's sickness. Additionally, the Indian act of Ayurveda uses spices, for example, Brahmi and Ashwagandha to help cerebrum wellbeing and decrease the side effects of conditions like Parkinson's sickness.

Notwithstanding home grown cures, people medication additionally incorporates different types of bodywork and non-intrusive treatments to address neurological sicknesses. Practices like needle therapy, back rub, and yoga have been utilized for a really long time to advance by and large wellbeing and prosperity, including the administration of neurological side effects. These treatments are accepted to further develop course, decrease irritation, and equilibrium the body's energy frameworks, all of which can decidedly affect neurological capability.

One more significant part of society medication in the treatment of neurological illnesses is the utilization of otherworldly and ceremonial practices. Many societies accept that neurological problems are actual illnesses, yet in addition have a profound part that should be tended to. Subsequently, people medication frequently incorporates ceremonies, supplications, and other profound practices to advance mending and prosperity. For instance, in a few native societies, shamans or healers might perform functions or utilize sacrosanct items to assist patients with neurological circumstances interface with the profound domain and track down help from their side effects.

While the techniques for treatment of neurological illnesses by society medication offer a rich and various arrangement of approaches, taking into account the constraints and likely dangers of these practices is significant. One of the principal challenges with people medication is the absence of logical proof to help the adequacy and wellbeing of a large number of these medicines. While a few home-grown cures and non-intrusive treatments might have shown

promising outcomes in limited scope review, they frequently miss the mark on thorough testing and approval expected by current clinical principles.

Moreover, the utilization of society medication in the therapy of neurological illnesses may likewise present dangers concerning associations with ordinary clinical medicines. Numerous home-grown cures and elective treatments can collaborate with doctor prescribed meds, possibly prompting unfavorable impacts or decreased viability. Moreover, the dependence on profound and ceremonial practices in people medication may not be viable with the proof-based approach of current medication, prompting likely contentions in the general treatment plan for patients with neurological sicknesses.

People medication, a store of conventional information and practices went down through ages, offers a different cluster of techniques for treating neurological illnesses. These techniques, established in social convictions and experimental perceptions, envelop natural cures, dietary changes, non-intrusive treatments, and profound practices. While some society medicines might have restricted logical proof, others have shown guarantee in mitigating side effects and working on the personal satisfaction for people with neurological circumstances.

**Home grown Cures:**

People medication depends intensely on the helpful properties of plants to treat different infirmities, including neurological sicknesses. Many societies have their own extraordinary pharmacopeia of therapeutic spices, each with explicit properties and applications. For instance, in conventional Chinese medication, ginkgo biloba is utilized to further develop flow and mental capability, while in Ayurvedic medication, ashwagandha is utilized to diminish pressure and uneasiness, which can fuel neurological side effects.

**Dietary Alterations:**

People customs frequently underscore the significance of diet in keeping up with wellbeing and forestalling sickness. Explicit dietary proposals for neurological circumstances fluctuate contingent upon the way of life and the actual condition. As a rule, people medication advocates for a reasonable eating regimen wealthy in natural products, vegetables, and entire grains, while restricting the utilization of handled food varieties, sugar, and undesirable fats. Certain food varieties, like garlic, turmeric, and green tea, are accepted to make neuroprotective impacts and are frequently integrated into people cures.

**Exercise based recuperations:**

People medication incorporates many active recuperations pointed toward easing neurological side effects and advancing generally speaking prosperity. These treatments might incorporate back rub, needle therapy, yoga, and judo. Rub, for example, is accepted to further develop course, diminish muscle pressure, and advance unwinding, which can be valuable for people with conditions like headaches and Parkinson's infection. Needle therapy, a customary Chinese work on including the inclusion of fine needles into explicit focuses on the body, is remembered to invigorate the sensory system and ease torment and other neurological side effects.

**Otherworldly Practices:**

People medication frequently consolidates otherworldly practices, like reflection, petition, and customs, to address the profound and profound parts of neurological illnesses. These practices are accepted to advance inward harmony, diminish pressure, and upgrade the body's regular abilities to recuperate. Reflection, for instance, has been displayed to lessen nervousness and work on mental capability in people with neurological circumstances. Supplication and other profound ceremonies can give solace, trust, and a feeling of local area for those adapting to persistent neurological illnesses.

**Limits and Future Bearings:**

While people medication offers an abundance of possible medicines for neurological sicknesses, recognizing its limitations is significant. Numerous people cure need logical

approval, and their adequacy might differ relying upon individual factors like the seriousness of the condition and the general strength of the patient. Furthermore, some people medicines might interface with traditional prescriptions, so it is essential to talk with a medical service proficient prior to integrating them into a therapy routine.

In spite of these constraints, people medication stays an important asset for neurological sickness the board. Further exploration is expected to research the viability and wellbeing of people cures, recognize their dynamic parts, and decide their likely job in blend with customary treatments. By coordinating customary information with present day logical methodologies, we can grow how we might interpret neurological illnesses and foster more exhaustive treatment systems that address the physical, profound, and otherworldly prosperity of people impacted by these incapacitating circumstances.

## Conclusion

In conclusion, the methods of treatment of neurological diseases by folk medicine offer a diverse and culturally rich set of approaches to addressing these complex conditions. From herbal remedies and physical therapies to spiritual and ritualistic practices, folk medicine provides a holistic perspective on health and well-being that can complement modern medical treatments. However, it is important to approach these practices with caution and skepticism, considering the lack of scientific evidence and potential risks associated with folk medicine. As our understanding of neurological diseases continues to evolve, there is an opportunity to explore the potential benefits of integrating folk medicine with modern medical approaches to provide more comprehensive and personalized care for patients with these conditions.

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