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PREECLAMPSIA AND HYPERTENSION DURING PREGNANCY

Eshbayev Erkin Abduxalimovich

Doctor of Medicine Scientific leader

Ro'ziyev M.I

Tashkent Medical Academy Independent seeker

Abstract: Toxemia is a pregnancy difficulty described by hypertension and indications of harm to other organ frameworks, most frequently the liver and kidneys. It is a multisystem problem remarkably connected with pregnancy and the placenta. Toxemia commonly happens late in pregnancy or during the post pregnancy time frame. Whenever left untreated, it can advance to eclampsia, a hazardous condition characterized by the new beginning of seizures. Hypertension, or hypertension, is likewise usually seen during pregnancy and requires cautious observing and the board to stay away from dangers to both mother and child. This article will analyze toxemia and hypertension in more noteworthy profundity, investigating causes, risk elements, signs and side effects, screening and finding, treatment choices, and maternal-fetal results.

Keywords: Side effects, adults, patients, causes, reasons, effects, hypertension, pregnancy period

Introduction: Toxemia and hypertension during pregnancy are serious ailments that can have critical ramifications for both the mother and the child. Toxemia is a condition that regularly happens after the twentieth seven day stretch of pregnancy and is described by hypertension and indications of harm to other organ frameworks, generally usually the liver and kidneys. Hypertension, then again, alludes to hypertension, which can happen previously or during pregnancy and can likewise antagonistically affect both the mother and the child.

At the point when you are pregnant, your body makes more blood to help the embryo's development. In the event that pulse goes up during pregnancy, it can put additional weight on your heart and kidneys. This can prompt coronary illness, kidney sickness, and stroke.

Hypertension during pregnancy likewise builds the gamble of toxemia, preterm birth, placental unexpectedness, and cesarean birth. High pulse might decrease blood stream to the placenta. Subsequently, the baby may not get enough of the supplements and oxygen expected to grow. In the principal half of pregnancy, circulatory strain typically goes down.

Assuming your hypertension is gentle, your circulatory strain might remain as such or even get back to business as usual during pregnancy. However, assuming your circulatory strain is 140/90 mmHg or higher, your ob-gyn may suggest that you start or keep taking pulse prescription during pregnancy.

Toxemia can prompt a condition that causes seizures and stroke.

Toxemia can cause HELLP condition. HELLP represents hemolysis, raised liver chemicals, and low platelet count. HELLP condition harms or obliterates red platelets and obstructs blood coagulating. It can likewise cause chest torment, stomach agony, and draining in the liver.

HELLP condition is a health-related crisis. Ladies can pass on from HELLP disorder. They can likewise have deep rooted medical issues from the condition.

A hypertension perusing might be the principal indication of toxemia. Assuming your pulse perusing is high, it could be checked again to affirm the outcomes. You might have a pee test to check for protein. You may likewise have tests to check how your liver and kidneys are functioning and to quantify the quantity of platelets in your blood.

Toxemia and hypertension during pregnancy can prompt a scope of confusions, including preterm birth, low birth weight, and in extreme cases, maternal and fetal demise. It is

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subsequently fundamental that these circumstances are painstakingly checked and figured out how to guarantee the most ideal results for both the mother and the child.

One of the critical difficulties in overseeing toxemia and hypertension during pregnancy is the need to adjust the dangers and advantages of different treatment choices. For instance, while prescription can be utilized to bring down circulatory strain and forestall further intricacies, it can likewise have potential incidental effects that might present dangers to the child. Likewise, in serious instances of toxemia, early conveyance might be important to safeguard the mother's wellbeing, however this can likewise expand the gamble of difficulties for the child.

Notwithstanding the impending dangers presented by toxemia and hypertension during pregnancy, there is likewise proof to recommend that these circumstances can have long haul suggestions for the soundness of both the mother and the child. For instance, ladies who have had toxemia are at expanded chance of creating cardiovascular sickness sometime down the road, while infants brought into the world to moms with toxemia are bound to encounter formative postponements and other medical problems.

Given the likely seriousness of toxemia and hypertension during pregnancy, it is urgent that medical care suppliers and eager moms know about the gamble elements and side effects of these circumstances. Normal pre-birth care, including circulatory strain checking and pee testing, can assist with recognizing toxemia and hypertension almost immediately, considering ideal intercession and the board.

Women who have gravid hypertension or blood poisoning without serious factors may be treated in a center or as a present moment. Being a flash infers you can stay at home with close checking by your ob.- gyn. You could need to screen your hatchling's enhancement by doing an ordinary kick count. You may also need to estimate your twinkle at home. Visits to your ob.- gyn may be a couple of times each week.

At 37 weeks of gestation, you and your ob.- gyn may talk about movement. Work may be impelled (started with medicines). still, you could must have the sprat before, if trial results show that the hatchling is battling. Women withdrew-eclampsia can have vaginal movements, yet if there are issues during work, cesarean birth may be needed. Accepting that you have blood poisoning with outrageous factors, you may be treated in the clinical center. In case you're nearly near 34 weeks pregnant, you and your ob.- gyn may examine having your sprat when your condition is harmonious.

Delaying movement for two or three days may be precious now and again. It licenses time to give corticosteroids, which can help the child's lungs with creating. Conceding can also offer you a chance to take results to dwindle your circulatory strain and help with hindering seizures. awaiting your substance or the nascent organism's substance weakens, you and your ob.- gyn should look at fast movement.

Besides, investigation into the causes and components of toxemia and hypertension during pregnancy is fundamental for growing more compelling anticipation and treatment methodologies. While the specific reasons for these circumstances are not completely perceived, it is imagined that a mix of hereditary, natural, and resistant variables might be involved.

By acquiring a superior comprehension of these elements, it could be feasible to distinguish ladies at expanded chance of creating toxemia and hypertension and to foster designated intercessions to lessen the probability of these circumstances happening.

Conclusion

Taking everything into account, toxemia and hypertension during pregnancy are serious ailments that can have huge ramifications for both the mother and the child. It is urgent that these circumstances are painstakingly observed and figured out how to limit the gamble of entanglements and guarantee the most ideal results for both mother and child. Further

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investigation into the causes and systems of toxemia and hypertension is fundamental for growing more successful anticipation and treatment procedures, and for further developing the drawn-out wellbeing results for ladies and their children.

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