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Ilmiy elektron jurnali

The role of sensorimotor in speech development of 3-4-year-old children.

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Abstract: One of the tasks required of educators is to organize each training and activity in a modern way, using interactive methods, using interesting and various games and game technologies. This process ensures high results in education and training.

Key words: Speech, educator, game, sensorimotor, method, process

Аннотация: Одной из задач, стоящих перед педагогами, является организация каждого обучения и деятельности современным способом, с использованием интерактивных методов, с использованием интересных и разнообразных игр и игровых технологий. Этот процесс обеспечивает высокие результаты в обучении и воспитании.

Ключевые слова: Речь, педагог, игра, сенсомоторный, метод, процесс

The young generation, who are the owners of our future, is a mature and well-rounded person in all respects preschool educational organizations with the responsible task of educating and teaching educators who are representatives are assigned to pedagogues. One of the tasks required of educators is to organize each training and activity in a modern way, using interactive methods, using interesting and various games and game technologies. This process ensures high results in education and training.

Today, the head of our state also pays great attention to reforms in the education system, starting with the field of preschool education in a broad sense. The reason for this is that most of the knowledge, skills, and abilities given to children, i.e. more than 70%, are acquired during the preschool age. Also, the solution to the problems that are currently happening to the members of our society lies in the correct and systematic imparting of knowledge, information, skills and skills to children during the pre-school age. We will consider this now in the example of speech suppression of preschool children. Speaking of speech, first of all we need to know what speech culture is. Speaking culture is, first of all, speaking according to the norms of correct and literary language. A high level of speech culture is an indispensable characteristic of a cultured person.

Scientists have proven that the development of speech and thinking of young children is directly proportional to the quantity and shape of fine movements of hands and fingers.



Children with highly developed finger movement skills - speech, thinking, memory, and attention are better. A child's speech development cannot be achieved until the movements of the fingers are free. It is necessary to start working on finger exercises in children from the age of 6-7 months. It is necessary to gently massage the hands for 2-3 minutes every day.

Stimulating hand exercises consist of 5 stages:

1. rub the child's hand 8-10 times from the outside to the elbow;
2. bend and straighten the fingers 5-6 times (except for the thumb) 5-6 times;
3. bend the thumb to the right and left, move it in a circle;
4. activate the palm 2-3 times: stroke the middle of the child's palm with a finger slowly in a spiral, the spiral expands and ends at the child's thumb;
5. stroke the child's hand 8-10 times from the outside to the elbow.

Exercises that develop fine movements of the fingers:

- starting from the age of ten months, all the fingers of the child should be involved in the movement - putting together and placing cubes, pyramids, hemispheres of different sizes.
- from one to one and a half years old, making wooden or plastic toys, for example, pyramids and houses from Legos;
- collecting all kinds of shapes from mosaics in the period from one and a half to two years old;
- at the age of two to three years old, to string toys and large buttons in a row by passing a rope through the holes, to make ties of various shapes from the ropes;
- articulation exercises: blowing up balloons, trying to pronounce words piece by piece.

By performing various exercises with fingers, children develop fine finger movements, which not only has a beneficial effect on the development of speech, but also prepares the child for drawing and writing.

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