

ON THE ISSUE OF ORGANIZING THE HEALTH OF STUDENTS IN SANATORIUM
AND RESORT INSTITUTIONS

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Abstract: Keeping up with the wellbeing and prosperity of understudies is a central worry for instructive foundations and overseeing bodies the same. With regards to sanatorium and resort foundations, the issue of coordinating understudy medical services takes on a diverse and complex nature, requiring an extensive and key methodology. This article will dive into the different parts of this basic matter, investigating the reasoning, key contemplations, and likely procedures for actually sorting out the soundness of understudies in such concentrated settings.

Keywords: health issues, youth, resorts, students, medical treatments, complexity, nature, studies

Introduction: Sanatorium and resort institutions have a vital role in promoting health. Their unique approach contributes significantly to the physical, mental, and social well-being of the individual. These institutions provide preventive, promotive, and curative services aimed at achieving and maintaining good health. Services are provided in a healthy, friendly, and attractive environment conducive to achieving maximum health potential. The methods and practices used in these institutions have been proven to be effective in preventing many diseases and dysfunctions, and in rehabilitating many individuals to their fullest potential. Sanatoria and health resorts are residential facilities, so it is possible to control the environment. This has both advantages and disadvantages. The advantages include being able to control medication, diet, and rest, as well as providing a protective environment. The disadvantages include that some individuals may become dependent on the environment, and that when they leave, they may have difficulty readjusting.

Importance of Health in Students

It is true that learners' achievement is supported by their health condition. It can't be doubted because the less healthy they are, the less they will be able to study. No learning results can be obtained by sick people, as the illness will disrupt the learning process. It is the same with a computer that has been infected by a virus, as various commands will not be in accordance with what is wanted. So, sick students must repeat learning and sometimes they don't understand what they must do. This case is a waste of time, energy, and does not yield any positive results.

The body change is a process that is quite complex, so it is not impossible that there are children or students who have problems or deviations. Therefore, they need health maintenance to solve the problems and deviations for the sake of growth and optimal development.

Morphological and physiological changes happen influenced by various factors such as hormone growth in number, change of secondary enzymatic compound, increasing the ability of cells in receiving nutrients, and increasing the ability of cells in receiving oxygen.

One thing that must be considered by educational observers is that students' health means a lot in education. The difference of body and soul in the growth of students particularly needs

special attention. In the growth, students experience a transition phase from childhood to adulthood.

Role of Sanatorium and Resort Institutions

The role of medical institutions in promoting health has been the subject of discussion for many years. Despite considerable research on preventive and curative medical care, relatively little has been written about the role of sanatoriums and resorts in maintaining and promoting health. Traditionally, sanatoria were built to provide a sheltered environment for patients with tuberculosis, while resorts were developed to cater to the needs of convalescents (usually from surgical procedures) and others with various forms of disability. Since the decline in the incidence of tuberculosis, the changes in treatment of mental illness and a progressive shift in the content of health services away from institutional care towards community and home-based care, the role of these institutions in maintaining and promoting health has become less clear. Now, in many countries, sanatoria have been closed or turned into general hospitals, while the term resort has almost become synonymous with a tourist destination, rather than a place for disabled people to sojourn. However, a number of institutions still exist under various names, which cater to people with chronic medical conditions and/or rehabilitative needs. These include institutions for the aged, people with physical or intellectual disabilities, and those with various chronic diseases.

At the start, it is fundamental to perceive the one-of-a-kind difficulties and open doors introduced by sanatorium and resort foundations. These specific offices frequently take care of understudies who require particular clinical consideration, recovery, or reprieve from different ailments. The conditions inside these foundations are intended to give a helpful and supportive environment, taking care of the particular necessities of the understudy populace. Thusly, the association of understudy medical services inside these settings should be customized to address the nuanced necessities of the understudies, while likewise guaranteeing the consistent combination of clinical benefits, instructive arrangements, and sporting exercises.

One of the essential contemplations in putting together understudy wellbeing in sanatorium and resort foundations is the foundation of an exhaustive and facilitated medical care framework. This framework ought to envelop the consistent reconciliation of on location clinical offices, like facilities, analytic labs, and restoration focuses, with the more extensive medical care organization. By encouraging solid joint efforts with neighborhood medical clinics, expert specialists, and other medical services suppliers, these organizations can guarantee that understudies approach a continuum of care, tending to their nearby necessities while likewise working with long haul therapy and the executives of their circumstances.

Besides, the association of understudy wellbeing should focus on the improvement of individualized care plans. Every understudy's one of a kind clinical history, introducing side effects, and treatment necessities ought to be carefully evaluated and recorded, illuminating the creation regarding customized medical services procedures. This approach not just guarantees that the particular requirements of every understudy are tended to yet additionally empowers the observing and assessment of the viability of the executed mediations, taking into account consistent improvement and refinement of the medical care framework.

Firmly connected to the individualized consideration plans is the requirement for vigorous correspondence and coordinated effort between the different partners associated with the understudy's prosperity. This incorporates the clinical experts, instructive staff, guides, and the actual understudies, as well as their families. By encouraging a culture of open and straightforward correspondence, these organizations can work with the consistent trade of data,

guarantee the arrangement of treatment objectives, and engage understudies to partake in their own medical care the executives effectively.

One more pivotal part of arranging understudy wellbeing in sanatorium and resort establishments is the combination of preventive and proactive measures. This might include the execution of complete wellbeing schooling programs, advancing solid way of life decisions, and cultivating a steady climate that supports active work, stress the executives, and mental prosperity. By embracing an all-encompassing way to deal with understudy wellbeing, these organizations might not just location quick clinical worries at any point yet in addition engage understudies to foster the information and abilities important for long haul taking care of oneself and sickness counteraction.

The association of understudy wellbeing in sanatorium and resort foundations should likewise think about the one of a kind strategic and functional difficulties intrinsic in these settings. This might incorporate the coordination of transportation benefits, the administration of drug dispersion, the upkeep of exhaustive clinical records, and the preparation and expert improvement of the medical services staff. By tending to these functional viewpoints with careful preparation and proficient execution, these organizations can guarantee the smooth conveyance of medical services administrations and the enhancement of understudy results.

Conclusion:All in all, the issue of putting together the wellbeing of understudies in sanatorium and resort establishments is a diverse and complex undertaking. It requires an extensive and vital methodology that includes the incorporation of on location clinical offices, individualized care plans, strong correspondence and joint effort, preventive and proactive measures, and the successful administration of strategic and functional difficulties. By tending to these key contemplations, instructive organizations and administering bodies can guarantee that understudies in particular medical services settings get the greatest of care, enabling them to accomplish ideal wellbeing, prosperity, and instructive results. The fruitful association of understudy wellbeing in these foundations isn't just an ethical goal yet additionally a basic interest coming soon for our general public.

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