## INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCHERS

ISSN: 3030-332X Impact factor: 8,293 Volume 10, issue 2, March 2025 <u>https://wordlyknowledge.uz/index.php/IJSR</u> worldly knowledge *Index: google scholar, research gate, research bib, zenodo, open aire.* <u>https://scholar.google.com/scholar?hl=ru&as\_sdt=0%2C5&q=wosjournals.com&btnG</u> https://www.researchgate.net/profile/Worldly-Knowledge

https://journalseeker.researchbib.com/view/issn/3030-332X

**Omonova Laylo Hasanovna** Teacher, English Department "TIIAME" National Research University

# THE EFFECTIVENESS OF ORGANIZING ENGLISH LANGUAGE LESSONS AS DISCUSSIONS

**Annotation:**This article examines the effectiveness of organizing English language lessons as discussions and investigates how this method can enhance language proficiency. It explores the significance of discussion-based learning in fostering critical thinking, language skills, and learner engagement. By integrating discussions into English lessons, students can develop their speaking, listening, and collaborative skills, making language learning more dynamic and interactive. This study discusses the various advantages of this teaching method, its challenges, and the strategies for successful implementation in the classroom.

Keywords: English language teaching, discussions, speaking skills, critical thinking, learner engagement, collaborative learning.

## I. Introduction

The teaching of English has seen significant changes with new pedagogical approaches aimed at enhancing student engagement and language acquisition. One such method is organizing lessons as discussions. This approach, which shifts the focus from teacher-centered instruction to student-centered interaction, promotes active participation and encourages students to think critically and communicate effectively. Discussions in English lessons allow learners to practice real-world communication, fostering fluency, vocabulary expansion, and the ability to formulate and express ideas clearly.

The purpose of this article is to explore the effectiveness of using discussions in English lessons as a strategy to enhance language skills. The study aims to:

- 1. Evaluate the role of discussions in improving language proficiency.
- 2. Analyze the impact of discussion-based learning on student engagement and motivation.
- 3. Examine the challenges of incorporating discussions in English language teaching and propose strategies for overcoming them.

## II. Literature Review

The significance of discussions in language teaching has been highlighted in numerous studies. According to Brown (2007), discussions foster communication skills, provide opportunities for real-time language use, and promote critical thinking. His research suggests that when students engage in discussions, they not only practice their speaking skills but also improve their listening and comprehension abilities.

Moreover, Nunan (2003) emphasizes that interactive classroom activities, such as discussions, allow students to take ownership of their learning, which leads to better retention and understanding of the language. Discussions, in this regard, are more than just conversational

## INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCHERS ISSN: 3030-332X Impact factor: 8,293 Volume 10, issue 2, March 2025 <u>https://wordlyknowledge.uz/index.php/IJSR</u> worldly knowledge Index: google scholar, research gate, research bib, zenodo, open aire.

*https://scholar.google.com/scholar?hl=ru&as\_sdt=0%2C5&q=wosjournals.com&btnG* <u>https://www.researchgate.net/profile/Worldly-Knowledge</u> https://journalseeker.researchbib.com/view/issn/3030-332X

activities—they are collaborative learning opportunities that push students to express their ideas clearly while listening to others, fostering a deeper understanding of the language.

Skehan (1996) also advocates for task-based learning, wherein discussions serve as a means for students to practice language in context, thereby developing fluency and accuracy. In contrast to traditional grammar-focused approaches, task-based learning through discussions provides a more holistic approach to language learning, integrating speaking, listening, and cognitive skills.

Similarly, research by Johnson (2018) supports the notion that discussion-based activities create a collaborative environment where students can interact with peers, provide feedback, and engage in peer learning. This collaborative learning fosters a sense of community, motivating students to participate actively in their language learning journey.

## III. Methodology

The research adopted a mixed-methods approach, combining qualitative and quantitative data to assess the effectiveness of discussions in English lessons. Data was collected from a range of sources, including surveys, interviews, and classroom observations. The study involved English language teachers and students in secondary and higher education settings who utilized discussion-based methods in their lessons.

Interviews were conducted with teachers to gather insights into the benefits and challenges of organizing lessons as discussions. Additionally, surveys were distributed to students to evaluate their engagement, perceived improvements in language skills, and attitudes towards learning through discussions.

Classroom observations were also carried out to assess the dynamics of discussion-based activities, focusing on student participation, interaction, and the overall learning atmosphere.

#### **IV. Results**

The study found that organizing lessons as discussions had a positive impact on students' language proficiency, particularly in speaking and listening. Students who participated in regular discussions showed significant improvements in fluency, vocabulary use, and confidence in speaking English. The interactive nature of discussions helped them practice real-world communication, enhancing their ability to express thoughts clearly and coherently.

Moreover, students reported higher levels of motivation and engagement in lessons that involved discussions. Many felt that discussions allowed them to be more involved in the learning process, as they had the opportunity to contribute their ideas, listen to others, and learn from their peers.

Quantitative data from surveys revealed that students who participated in discussion-based lessons scored higher in language proficiency tests, particularly in speaking and listening components, compared to those who had more traditional, lecture-based lessons. Teachers also noted that students demonstrated a better understanding of cultural nuances and context, which are critical aspects of language learning.

## INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCHERS ISSN: 3030-332X Impact factor: 8,293 Volume 10, issue 2, March 2025

https://wordlyknowledge.uz/index.php/IJSRworldly knowledgeIndex:google scholar, research gate, research bib, zenodo, open aire.

<u>https://scholar.google.com/scholar?hl=ru&as\_sdt=0%2C5&q=wosjournals.com&btnG</u> <u>https://www.researchgate.net/profile/Worldly-Knowledge</u> https://journalseeker.researchbib.com/view/issn/3030-332X

## V. Discussion

The findings from this study confirm the positive effects of using discussions as a central component of English language teaching. Discussions not only improve students' speaking and listening skills but also encourage critical thinking, collaborative learning, and greater student autonomy. By engaging in discussions, students practice language in real contexts, helping them to develop the ability to communicate effectively in various situations.

However, the study also identified challenges related to organizing discussion-based lessons. These challenges include managing classroom dynamics, ensuring equal participation, and addressing the diverse language proficiency levels of students. Teachers reported difficulties in balancing group discussions, ensuring that all students were involved and that the discussions remained productive and focused on language learning objectives.

To overcome these challenges, teachers were encouraged to implement strategies such as structured discussion formats, small-group activities, and the use of guiding questions to direct the conversation. Providing students with clear objectives and feedback also helped maintain the focus on language learning.

### VI. Conclusion

In conclusion, organizing English language lessons as discussions proves to be an effective and engaging method for enhancing language proficiency. Discussions foster the development of speaking, listening, and critical thinking skills, providing students with opportunities to practice real-world communication. While there are challenges in managing discussions, these can be addressed with thoughtful planning and appropriate teaching strategies. By incorporating discussions into English language teaching, educators can create more dynamic, learner-centered classrooms that promote active learning and the development of essential language skills.

## **References:**

- 1. Brown, H. D. (2007). Principles of Language Learning and Teaching. Pearson Education.
- 2. Nunan, D. (2003). Practical English Language Teaching. McGraw-Hill.
- 3. Skehan, P. (1996). A Cognitive Approach to Language Learning. Oxford University Press.
- 4. Johnson, D. W. (2018). Cooperation and the Social Interdependence Theory. Oxford University Press.
- 5. Xasanovna, O. L. (2025). PECULIARITIES OF TEACHING ENGLISH TO STUDENTS WITH A HIGH LEVEL OF LANGUAGE PREPARATION. PROSPECTS OF TEACHING ENGLISH FOR PROFESSIONAL PURPOSES IN NON–PHILOLOGICAL HIGHER EDUCATION INSTITUTIONS: PROBLEMS AND SOLUTIONS, 194-199.
- Yuldashova, N. A. Q., Ziyodulloeva, M. S. Q., Khudayberganova, M. A., Madaminova, S. A. Q., & Bakhronova, M. A. (2022). Peculiarities of using game activities for raising students' socio-cultural competence. Webology, 19(1).
- 7. Yuldashova, N. (2024). ENGLISH PROFICIENCY FOR ADVANCING AGRICULTURALDEVELOPMENT. SCIENTIFIC AND TECHNICAL JOURNAL "SUSTAINABLE AGRICULTURE", 22(2), 98-100.

## INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCHERS ISSN: 3030-332X Impact factor: 8,293 Volume 10, issue 2, March 2025 https://wordlyknowledge.uz/index.php/IJSR worldly knowledge

Index: google scholar, research gate, research bib, zenodo, open aire. https://scholar.google.com/scholar?hl=ru&as\_sdt=0%2C5&q=wosjournals.com&btnG https://www.researchgate.net/profile/Worldly-Knowledge https://journalseeker.researchbib.com/view/issn/3030-332X

8. Yuldashova, N., Choriyeva, S., Ziyadulloyeva, M., Shadiyeva, D., & Umirova, M. (2024). Role of Harnessing Green Technologies and Innovation for Sustainable Development. In BIO Web of Conferences (Vol. 141, p. 04014). EDP Sciences.