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ORGANIZING SPORTS CELEBRATIONS IN RESIDENTIAL PLACES

Annotation: This topic explores the organization of sports festivals within residential areas, emphasizing the significance of community engagement and recreational activities in fostering a sense of unity and well-being. Sports festivals in residential places serve as platforms for promoting physical fitness, social interaction, and local pride, while also contributing to the development of a vibrant and healthy community environment.

Keywords: Sports festivals, Residential areas, Community engagement, Recreational activities, Physical fitness, Social interaction, Local pride, Community development.

Annotatsiya: Ushbu mavzu aholi punktlarida sport festivallarini tashkil etishni o'rganib, birdamlik va farovonlik tuyg'usini tarbiyalashda jamoatchilik ishtiroki va ko'ngilochar tadbirlarning ahamiyatini ta'kidlaydi. Aholi yashash joylarida o'tkaziladigan sport festivallari jismoniy tayyorgarlik, ijtimoiy muloqot va mahalliy g'ururni rag'batlantirish uchun platforma bo'lib xizmat qiladi, shu bilan birga jonli va sog'lom jamiyat muhitini rivojlantirishga hissa qo'shadi.

Kalit so'zlar: Sport festivallari, turar-joy hududlari, jamoatchilik ishtiroki, ko'ngilochar tadbirlar, jismoniy tayyorgarlik, ijtimoiy o'zaro ta'sir, mahalliy g'urur, jamiyatni rivojlantirish.

Аннотация: В этой теме рассматривается организация спортивных фестивалей в жилых районах, подчеркивая важность участия сообщества и развлекательных мероприятий в воспитании чувства единства и благополучия. Спортивные фестивали в жилых районах служат платформой для развития физической подготовки, социального взаимодействия и гордости за местное население, а также способствуют развитию динамичной и здоровой общественной среды.

Ключевые слова: Спортивные фестивали, Жилые районы, Участие сообщества, Развлекательные мероприятия, Физическая подготовка, Социальное взаимодействие, Местная гордость, Развитие сообщества.

In recent years, the tendency to organize sports festivals in residential areas is growing. Often organized by local communities or homeowner associations, these events bring residents of all ages together for a day of fun, fitness and camaraderie. From small gatherings to large-scale celebrations held at the scale of neighborhoods, sports festivals held in residential areas are of great importance in increasing physical activity of the population, developing mutual relations in society, and raising the spirit of neighborhoods. One of the main tasks of organizing sports festivals in residential areas is to develop physical fitness among the population. These events allow individuals and families to engage in a variety of sports and entertainment such as basketball, soccer, volleyball, and relay. Participants can enjoy friendly competition, try new sports and stay active in a supportive and inclusive environment. By encouraging regular physical activity, sports festivals contribute to improving health and well-being in society. Sports festivals also serve as a valuable platform for promoting social interaction and strengthening community bonds. Residents gather to support their neighbors, participate in team sports, and celebrate shared accomplishments. These events provide opportunities for people from different backgrounds to connect, build friendships, and develop a sense of belonging in their neighborhood. Whether it's chatting on the sidelines, high fives with teammates, or sharing a post-game meal, sports festivals facilitate meaningful social connections that strengthen community cohesion. Organizing sports events in residential areas can instill a sense of pride and ownership among residents. Communities pride themselves on showcasing their sporting talent, organizing successful events and creating memorable experiences for participants and spectators. Residents feel a sense of accomplishment in coming together to plan and host a successful festival, demonstrating the spirit and vitality of their neighborhood. In

addition, sports festivals allow residents to showcase local talent and culture, further strengthening community identity and pride.

Sports festivals contribute to creating a vibrant and dynamic community environment that attracts residents and instills a sense of vitality. These events often feature music, food stalls, games and other entertainment options, turning residential areas into lively hubs of activity. Families, friends, and neighbors gather to enjoy the festivities, creating a sense of excitement and energy throughout the neighborhood. In addition, sports festivals contribute to the overall appeal of neighborhoods, making them places to live and instilling a sense of community pride.

Forming a healthy lifestyle in our society, creating conditions for the population, especially the young generation, to regularly engage in physical education and mass sports, strengthening the confidence of young people in their will, strength and capabilities through sports competitions, A large-scale work is being carried out aimed at developing the feelings of bravery and patriotism, loyalty to the Motherland, as well as the systematic organization of the selection of talented athletes from among young people, and the further development of physical education and mass sports. The representatives of our country are achieving high results in the Olympic Games, world championships, Asian Games and championships and international competitions, the prestige and sports potential of Uzbekistan is increasing in the world, magnificent sports facilities are being built in the territories of our republic that meet world standards, It is particularly noteworthy that the sports games "Umid Nihollar", "Barkamol Avlod" and "Universiada" consisting of three stages are becoming popular among schoolchildren and students. At the same time, in all regions of our country, it is important to promote the importance of mass sports in human and family life, that it is the basis of physical and spiritual health, to protect young people who enter life with great hope from harmful habits, to teach them their own abilities. and there are important and urgent tasks to create the necessary conditions for them to realize their talents, to select talented athletes from among them, and to improve the targeted training system.

Implementation of specific programs that help to strengthen the health of the population in the field of physical education and sports, wide involvement of young people in sports and the selection of talented athletes from among them, national teams with skilled athletes who ensure high results in sports. there is a need to create additional conditions for formation and trainers. In order to form an all-round mature and physically healthy person with a high culture in the country, to set priority directions aimed at gaining skills and knowledge of the population in the field of physical education and sports, to introduce innovative forms and methods to the process of selecting (selection) talented athletes to increase the total number of people regularly engaged in physical education and sports up to 30%, and the total number of young people participating in sports organizations and institutions up to 20%; gradually increase the quality of trainers and specialists in state sports educational institutions, in particular, the number of employees with higher education to 80%; development and implementation of an effective and transparent four-stage organization-district (city)-territory-republic system for the selection (selection) of talented athletes among local youth; Identifying talented athletes and creating reserves for youth national teams by holding "Children's sports games" among the students-athletes of sports schools under the Ministry of Physical Education and Sports of the Republic of Uzbekistan, as well as students of higher educational institutions as a result of organizing "Student Sports Games" between students to engage in sports regularly; In order to popularize physical education among broad sections of the population, including students of general education schools, students and students of professional and higher educational institutions, and to identify talented ones among them, the "General Education School Sports" festival, "Developed Physical Fitness" "institution" to develop a system of step-by-step examination (district/city, region, republic) and to introduce the nomination of the best general education school, professional and higher education institution with a developed level of physical training, from 2020 development of sports tourism through the systematic holding of "Tashkent Marathon" international marathon, "Save Aral" international eco-marathon, auto rally and motocross sports competitions in the field of sports; introduction of "Physical fitness level" tests among all strata of the population; establishment of scientific-complex laboratories for athletes of national sports teams,

introduction of advanced innovative technologies into the training process, and establishment of effective medical and pharmacological support in the field of sports; members of the regional national team under the age of 18 in sports in the adolescent departments of the regional children's multidisciplinary medical centers and members of the regional national team older than that in the district (city) multidisciplinary central polyclinics introduction of the mechanism of regular in-depth medical examination; it is necessary to create the infrastructure of winter Olympic sports, to establish a system of training professional athletes by popularizing these sports.

The popularization of physical education and sports in our country is defined as one of the important directions of social policy. Because sport creates a healthy lifestyle and atmosphere in the society by strengthening the health of the population, raising the young generation to be healthy and well-rounded. In particular, it plays an important role in the prevention of various diseases, harmful habits among young people, and in the formation of feelings of courage, nobility, and patriotism. Achievements in this field will make the country known to the world and will give pride to all compatriots. Extensive work was carried out in the field of physical education and sports. Necessary conditions have been created for the population, especially the young generation, to regularly engage in physical education and mass sports. Modern sports complexes were built in cities and villages. Continuous sports competitions such as "Umid Nihollar", "Barkamol Avlod" and "Universiada" have become a means of introducing young people to mass sports and a healthy lifestyle. A continuous system for selecting talented children and training professional athletes has been created. Boys and girls who have demonstrated their abilities in training in general education schools and children's sports complexes are taken to children's and teenagers' sports schools and sports colleges and are educated based on professional approaches. He is improving his skills in higher educational institutions and training sessions.

Physical education has been a structural and important part of national culture at all stages of society's history. In particular, the peoples living in the territory of Uzbekistan regarded it as a criterion of spiritual and physical perfection. Physical education and military art were also developed in the 14th-15th centuries. Amir Temur's policy raised the essence of physical education to a higher level, as in all spheres of society. During the period of Timurids, special attention was paid to the physical education of the military. Competitions were held in wrestling, archery, equestrian sports. During the period of the former union, physical education suffered great losses in the Republic of Uzbekistan. Attention to the national games, which are a school of strength, speed, and training, is waning. This led to the local population moving away from physical education. This harmed the physical development, fitness and health of the local population. This condition is especially noticeable in young children.

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During the period of the former Soviet Union, physical education suffered great losses in the Republic of Uzbekistan. Attention to the national games, which are a school of strength, speed, and training, is waning. This led to the local population moving away from physical education. This harmed the physical development, fitness and health of the local population. This condition is especially noticeable in young children. Children's physical fitness has decreased significantly. Our scientific research has proven this. In the era of independent Uzbekistan, great attention is paid to this issue. For example, presidential decisions and decrees on physical education and sports can prove this. The decision "On the development of children's sports in the Republic of Uzbekistan" and the introduction of an additional second specialty in the faculties of "Primary education and sports and educational work" and "Preschool education and children's sports" (primary grade o "teacher and physical education teacher") - this is the first step in the development of children's sports. But the formation of physical

training, skills and abilities to participate in competitions should be started from the youngest kindergarten age. Unfortunately, this is not given enough attention in kindergartens. To sum up, organizing sports holidays in residential areas is a powerful way to improve community cohesion, well-being and vitality. Such events provide an opportunity for residents to engage in physical activity, communicate with neighbors, and be proud of their neighborhood. Sports festivals play a crucial role in enhancing the quality of life in residential areas by fostering a sense of belonging and creating vibrant public spaces. As communities continue to recognize the value of these events, there is no doubt that sports festivals will remain an integral part of neighborhood life, enriching residents' lives and strengthening neighborhood bonds.

List of references:

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