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THE ROLE OF MANNERS IN RECOGNIZING AN INTELLIGENT PERSON

Abstract: This article explores the role of manners in recognizing a person's intelligence, emphasizing that universal manners such as kindness, gratitude, and humility are recognized and appreciated across all cultures. They serve as reliable indicators of social and emotional intelligence. The article provides examples from the lives of diplomats, educators, and executives, demonstrating how manners contribute to successful interactions and professional achievements. The conclusion highlights the importance of manners not only as a social norm but also as a key aspect of true intelligence.

Keywords: Manners, intelligence, social intelligence, emotional intelligence, diplomats, educators, executives, cross-cultural communication, professional success, polite behavior

Annotatsiya. Ushbu maqola insonda ziyolilikni aniqlashda hulq-atvorning o'rni haqida so'z yuritib, mehribonlik, minnatdorchilik va kamtarlik kabi umumiy tushunchalar barcha madaniyatlarda tan olinib, qadrlanishini ta'kidlanadi. Ular ijtimoiy va emotsional aqlning ishonchli ko'rsatkichlari sifatida xizmat qiladi. Maqolada diplomatlar, pedagoglar va rahbarlar hayotidan misollar keltirilib, odob-axloqning muvaffaqiyatli muloqotlar va kasbiy yutuqlarga qanday hissa qo'shishini ko'rsatadi. Xulosa qilib aytganda, odob-axloq faqat ijtimoiy me'yor sifatida emas, balki haqiqiy aqlning muhim jihati sifatida ham katta ahamiyatga ega ekanligi ta'kidlanadi.

Kalit so'zlar. odob-axloq, farosat, ijtimoiy aql, emotsional farosat, diplomatlar, pedagoglar, rahbarlar xodimlar, madaniyatlararo muloqot, kasbiy muvaffaqiyat, xushmuomalalik

Аннотация. Статья исследует роль манер в распознавании интеллигентного человека, подчеркивая, что такие универсальные манеры, как доброта, благодарность и смирение, признаются и ценятся во всех культурах. Они служат надежными индикаторами социального и эмоционального интеллекта. В статье приводятся примеры из жизни дипломатов, педагогов и руководителей, демонстрирующих, как манеры способствуют успешному взаимодействию и достижению профессиональных целей. Заключение подчеркивает важность манер не только как социальной нормы, но и как ключевого аспекта истинного интеллекта.

Ключевые слова: манеры, интеллект, социальный интеллект, эмоциональный интеллект, дипломаты, педагоги, руководители, межкультурные коммуникации, профессиональный успех, политическое поведение

Introduction. Manners have long been considered a hallmark of a civilized society. They are the subtle, often unspoken rules that guide social interactions and ensure that they proceed smoothly. While intelligence is commonly measured through academic achievements, cognitive abilities, or problem-solving skills, manners play a crucial role in the holistic recognition of an intelligent person. This article delves into how manners contribute to identifying an intelligent individual, emphasizing the importance of social intelligence, emotional intelligence, and the ability to navigate complex social landscapes.

Defining Manners and Intelligence. Before exploring the intersection of manners and intelligence, it is essential to define these terms. Manners refer to the customary codes of polite behavior in society. They encompass a wide range of actions, from table etiquette to conversational norms, and are often seen as indicators of one's upbringing and social awareness.

Intelligence, on the other hand, is multifaceted. Traditionally, it has been associated with cognitive abilities such as logical reasoning, mathematical skills, and linguistic proficiency. However, modern

understandings of intelligence also include emotional intelligence, which involves recognizing, understanding, and managing one's own emotions and the emotions of others, and social intelligence, which pertains to the ability to navigate social situations effectively.

Manners as a Reflection of Social and Emotional Intelligence. Manners are a practical application of social and emotional intelligence. They require an understanding of social norms and the ability to read social cues, both of which are components of social intelligence. For instance, knowing when to speak and when to listen in a conversation demonstrates an understanding of social dynamics. This is indicative of someone who can assess a situation, recognize the needs of others, and respond appropriately.

Emotional intelligence is also deeply intertwined with manners. Polite behavior often necessitates empathy, self-regulation, and the ability to manage interpersonal relationships judiciously and empathetically. For example, offering a sincere apology when one has erred, or providing comfort to someone in distress, showcases an individual's emotional intelligence. These actions require not just awareness of social norms, but also a genuine understanding and management of emotions.

Manners in Professional Settings. In professional environments, manners are crucial. They not only facilitate smooth interactions but also often determine career advancement. An intelligent person in the workplace is one who can collaborate effectively, show respect to colleagues, and communicate with clarity and tact. For instance, during meetings, an individual who listens attentively, responds thoughtfully, and respects others' contributions is often seen as more intelligent and capable.

Furthermore, manners can help in conflict resolution. An individual who can address disputes calmly and respectfully, acknowledging different perspectives and finding common ground, demonstrates both social and emotional intelligence. Such individuals are often perceived as leaders and are trusted with greater responsibilities.

Cultural Variations and Universality of Manners

While manners can vary significantly across cultures, the underlying principles often remain the same: respect, empathy, and consideration for others. Recognizing and adapting to these variations is a sign of cultural intelligence, another facet of overall intelligence. For example, in some cultures, direct eye contact is a sign of confidence and respect, while in others it may be considered rude. An intelligent person is one who can navigate these cultural nuances adeptly.

The universality of certain manners, such as kindness, gratitude, and humility, further underscores their role in recognizing intelligence. These universal manners transcend cultural boundaries and are universally appreciated, making them reliable indicators of an intelligent individual.

Case Studies and Examples

To illustrate the role of manners in recognizing intelligence, consider the following case studies:

- 1. The Diplomat:** A diplomat must navigate complex international relations, often in high-stress situations. Successful diplomats demonstrate exceptional manners, using polite and respectful language, showing empathy, and understanding cultural nuances. Their ability to maintain decorum and build positive relationships is a testament to their social and emotional intelligence.
- 2. The Educator:** A teacher who manages a classroom effectively, showing patience, respect, and empathy towards students, exemplifies the intersection of manners and intelligence. Such educators create positive learning environments, demonstrating their ability to understand and respond to the emotional and social needs of their students.
- 3. The Executive:** In the corporate world, executives who lead with integrity, respect for their employees, and a genuine concern for their well-being are often seen as more intelligent. Their manners

in handling negotiations, managing teams, and resolving conflicts highlight their social and emotional intelligence, contributing to their overall success.

Conclusion. Manners are a vital component of recognizing an intelligent person. They reflect social and emotional intelligence, enabling individuals to navigate complex social environments effectively. Whether in personal or professional settings, manners facilitate positive interactions and build trust, respect, and cooperation. By paying attention to the subtleties of polite behavior, we can gain deeper insights into a person's overall intelligence, transcending the traditional measures of cognitive abilities. Therefore, cultivating good manners is not just about adhering to social norms but also about enhancing one's social and emotional intelligence, which are indispensable aspects of true intelligence.

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