

**Narziyeva Shahnoza Rustamovna**  
Asia international university teacher

---

## **NEGATIVE HABITS THAT OCCUR IN TEENAGERS**

**Abstract:** This in the article adolescence during to the surface coming deviated behavior types , their reason and consequences and to society impact about word Also , in adolescents this such as behavior formative factors analysis made , their prevent to take and correction according to effective methods recommendation is being done .

**Key words:** adolescence , deviant behavior , deviant behavior , psychological factors , social environment , prevention .

**Annotation:** V dannoy state rassmatrivayutsya vidy deviantnogo povedeniya, voznikayushchie v podrostkovom vozraste, ix prichiny i posledstviya, a takje vliyanie na obshchestvo. Takje analiziruyutsya faktori, formiruyushchie takoe povedenie u podrostkov, i rekomenduyutsya effektivnye metody ix proflakticii i korektsii.

**Key words:** adolescent age, deviant behavior, deviant behavior, psychological factors, social environment, prevention.

---

## **ENTRANCE**

Adolescence period human of life the most important and complicated from the stages one is , this in stages person's physical , psychological and social in development noticeable changes is observed . Exactly this in the period teenagers in behavior various deviations appearance to be possible . Such deviated behavior to the types aggression , drug addiction , alcoholism , truancy escape , offense and other negative situations This in the article adolescence at the age of occurring deviated behavior reasons , them brought issuer factors and prevent to take measures discussion will be done .

Diseases in the classification sick behavior separately nosological unity as not separated , undoubtedly , it is neither pathology shape , neither strict known medical concept is considered . The same at the moment sick behavior standard and character accentuation , situational reaction , development disorder , disease took such as pathology in the middle lying down appearances in line wide seeing is released .

List passed forms of the problem character with sleepy complications and diagnostic of characters uncertainty with characterized .

For example , " character " accentuation is his/her in moderation to others relatively good and even upbeat in strength psychogenic of effects certain type in a relationship chosen weakness known to be separately lines extreme reinforced the last option [10, 10-p.]. It is known that the series in the hands accentuation to the law against action , suicidal morality , drug substances consumption to do such as sick behavior with harmonizes . The same at the moment accentuated characteristic most people morality deviated does not count .

K. Leongard to the mind according to developed in the countries 50 percent of the population accented to the person [11, p . 19]. In this their most part normative morality demonstration does and even society in front of separately to services has .

So similar psychic pathology ( psychopathy , neuroses , psychoses) and etc. ) in the field desired confusion every always wrong behavior with related not . Some in cases psychic diseases pathogen incompatibility invited without moral disorders with together progress possible .  
Psychic of confusion other

in their hands moral deviation It won't be possible .

Next socio-normative criterion society of life various in the fields extreme resident importance has . Every one person's morality every day is evaluated and various social standards using managed . ( Social standards , its types and movement mechanisms concepts next in the department is illuminated .)

Socio-normative to the criteria appropriate of morality same at the moment society requirements suitable fall is considered normative and approved . behavior and on the contrary , the main collective instructions and to values is contradictory .

Society himself/herself if it changes , then action doing social norms also change . For example , the Soviets " communism" in the country "builder " adjective duty feeling , idea loyalty , teamwork responsibility , united thought such as wide spread out . Again build from time to time starting personal initiative , independence , agility important role play started .

Socio-normative criterion point of view from the point of view morality of normality leader indicator person's social adaptation level is considered . In this normal , successful adaptation intercultural , individual features and him/her wrapped standing social in the environment requirements , rules acceptable balance with is characterized by . Undoubtedly , social requirements obvious denial to grow such as individuality equalization , for example , conformism in the form of – person interests environment to the pressure complete submission is the same problem is considered . Accordingly , non - adaptation is personal significant happened such as environment requirements acceptance to do and to do also , own individuality clear social under the circumstances to come true release slow qualification status .

Incompatibility social and individual appearances separation possible . Incompatibility social appearances the following is :

- low self-esteem , self-esteem labor with generate income to find incompetence ;
- vital important in the beard chronic or obvious expressed failure ( in family , at work , interpersonal) in relationships , in friendship ;
- law with conflicts ;
- isolated to stay

Individual manifestations of maladjustment as the following seeing

exit possible :

- social to the requirements attitude on the surface negative internal order ( they with disagreement , misunderstanding , protest , opposition movement );
- his /her own from responsibility to escape in pursuit to those around upbeat
- objection to express , egocentrism ;
- chronic emotional discomfort ;
- himself management ineffectiveness ;
- quarrelsomeness and communicative of skills weakness ;
- reality cognitive broken show

Man various feelings – light anxiety and to oneself out of distrust to endure , to endure impossible level helplessness , fear , despair to their hysteria from the beginning forgiveness possible . In this the real social status of the individual status and his individual consciousness in the middle division to the surface arrival possible .

Last criterion – individual- psychological myezone every one person , his individuality growing going all values reflection will bring .

This to the criterion appropriate to a person modern requirements social orders to do his/her ability does not limit , but person's oneself understanding and to oneself also consider the uniqueness holds . With this related accordingly our in time person's basis eater adjectives dye the following to say possible : external universe and to oneself relatively his/her internal position , decision acceptance to do and choice competence , as well as personal to morality Social responsibility in existence oneself determination and personal potential oneself to come true release in which individual development leader is recognized as a task .

### **References :**

1. Jo‘Rayeva, D. O. (2024). EDUCATIONAL VIEWS OF PEDAGOGUES TOWARDS THE ENVIRONMENT. *Экономика и социум*, (4-1 (119)), 194-197.
2. Erkinovna, S. D. (2025). BUXORO ADABIY MUHITIDA MUSIQA ILMINING O ‘QITILISHI. Introduction of new innovative technologies in education of pedagogy and psychology, 2(2), 64-69.
3. Saidova, D. E. (2024, August). ACTIVITIES OF THE JADIDS IN THE FIELD OF MUSICAL EDUCATION AND EDUCATION. In INTERDISCIPLINE INNOVATION AND SCIENTIFIC RESEARCH CONFERENCE (Vol. 2, No. 21, pp. 236-246).
4. Erkinovna, S. D. (2025). BUXORO ADABIY MUHITIDA MUSIQAGA OID QARASHLAR (XIX OXIRI XX ASR BOSHLARIDA). Introduction of new innovative technologies in education of pedagogy and psychology, 2(2), 47-52.
5. Narziyeva, S. (2023). PSYCHOLOGICAL VIEWS ON THE CHOICE OF PROFESSION. *Modern Science and Research*, 2(10), 333-336.
6. Rustamovna, N. S. (2023). UNDERSTANDING EMPATHY: AN ESSENTIAL COMPONENT OF HUMAN CONNECTION. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(10), 378-382.
7. Rustamovna, N. S. (2023). DEVELOPING EMPATHY IN STUDENTS. *Oriental Journal of Academic and Multidisciplinary Research*, 1(3), 127-131.

8. Rustamjonovna, N. S. (2024). THE PROBLEM OF AGE AND GENDER DIFFERENTIATION OF DEVIANT MORALITY. *THE THEORY OF RECENT SCIENTIFIC RESEARCH IN THE FIELD OF PEDAGOGY*, 2(22), 222-224.
9. Rustamovna, N. S. (2024). O ‘SPIRINLIK YOSHIDA EMPATIYANING NAMOYON BO ‘LISHI VA UNING PSIXOLOGIK XUSUSIYATLARI. *PEDAGOG*, 7(5), 89-96.
10. Narziyeva, S. (2024). O ‘SPIRINLIK YOSHIDA EMPATIYANING NAMOYON BO ‘LISHI VA UNING PSIXOLOGIK XUSUSIYATLARI. *PEDAGOG*, 7(4), 320-327.
11. Xaqqulova, D. (2024). ABDURAHMON GO ‘ZAL–YASSAVIYSHUNOS. *PEDAGOG*, 7(6), 8-15.
12. Xaqqulova, D. (2024). ADABIYOTSHUNOS OLIM ABDURAHMON GO ‘ZALNING TADQIQOTLARI XUSUSIDA. *PEDAGOG*, 7(5), 548-555.
13. XAQQULOVA, D. (2023). BADIYLIK MASALALARI TADQIQIDA OLIM MAHORATI. *Наука и технология в современном мире*, 2(5), 5-11.
14. Abduvasiyevna, X. D. (2024). SO ‘Z TUZILISHI VA SO ‘Z YASASH. *The latest pedagogical and psychological innovations in education*, 1(2), 261-266.
15. Abduvasiyevna, X. D. (2024). NUTQ MADANIYATI VA OG ‘ZAKI MULOQOT. *The latest pedagogical and psychological innovations in education*, 1(2), 255-260.
16. Abduvasiyevna, X. D. (2024). MATN TAHLILI VA MAZMUNNI TUSHUNISH. *The latest pedagogical and psychological innovations in education*, 1(2), 279-284.