## MEASURES TO PROTECT WOMEN'S RIGHTS

### Mamatova Mavluda Toirovna

Navoi State Pedagogical Institute,

History, Basics of Additional State Law

3rd level student

**Abstract:** Protecting women's rights is an imperative step towards achieving gender equality and promoting social justice. Despite significant progress made in recent decades, women around the world continue to face various forms of discrimination, violence, and marginalization. It is essential to implement effective measures to safeguard women's rights and empower them to reach their full potential. This article will elucidate on the crucial measures necessary to protect women's rights and promote gender equality.

Keywords: women's rights, international standards, laws, protection acts, government issues

**Introduction:** The pillar of family and society, the show of respect and respect for women who are the blind of our lives, has long been a great value for our people. In the development of our motherland today, women occupy an important place and position in the life of the family and society. In particular, our" attention to the woman - attention to the future " transplants are not in vain. Currently, most women serve on the way to the well-being of society as a socially active layer with high intelligence, prestigious secular knowledge and qualifications. Looking back at the years of independence, datstlab paid special attention to increasing the social activity of women in the life of society.

The rules demanded in the current period in the issue of attitude towards women are watered with noble ideas of the Islamic religion, have existed in our people for a long time. Indeed, given religious bias, women's rights have also been protected in Islamic law. Islam did not forbid labor for a woman, but promoted a woman to engage in labor worthy of her nature, corresponding to her personality.

At the moment, women in our society are becoming a great social force all the activities that are taking place in our country today do not take place without the participation of our women. Especially in the field of Science, Education, Culture, thousands of noble women work, they have their position and decent jobs in the development of society. In this respect, the first president of the Republic of Uzbekistan I. A Karimov specifically addressed the issue of women "today in the enlightened world there is a special issue of the benefit of women, and it is not for nothing that a lot of importance is attached to studying it, finding a solution. If women were not given adequate attention, there would be no future for such a society". As an explanation for these sentences, there are enough opportunities today for us to involve our women in education, to have a higher education. The main goal of our higher education can harmoniously lead the harmonious younger

generation to upbringing and education, if we have enough knowledge and potential in our mothers in the formation of comprehensive potential, a broad worldview, intellectual abilities.

## **Background and Significance**

The significance of these measures cannot be overstated, as they are essential for creating a society where women are valued, respected, and empowered to fully participate and contribute. By addressing the systemic barriers and inequalities that women face, measures to protect women's rights aim to ensure that all individuals, regardless of gender, have equal opportunities, access to resources, and freedom from discrimination and violence. Moreover, the implementation of such measures has the potential to advance not only women's rights but also the overall well-being and prosperity of communities and societies as a whole. It is through recognizing the background and significance of these measures that we can strive towards a more just and equitable world for all.

The background and significance of measures to protect women's rights are rooted in the historical and ongoing struggle for gender equality and the recognition of women's rights as fundamental human rights. Throughout history, women have faced various forms of discrimination, oppression, and violence based on their gender. These injustices have led to the need for specific measures to protect and promote women's rights in all areas of life, including education, employment, healthcare, and participation in decision-making processes.

First and foremost, governments must enact and enforce gender-sensitive laws and policies to safeguard women's rights. The absence of robust legal frameworks and inadequate implementation of existing laws perpetuate gender-based discrimination and violence. Governments must establish and strengthen institutions responsible for promoting and protecting women's rights, such as national gender commissions and women's ministries. These institutions can provide a platform for women's voices to be heard, advocate for policy reforms, and monitor the implementation of gender-sensitive policies.

Education is another critical area that requires attention. Women's access to quality education is essential for empowering them to make informed decisions about their lives, participate in the workforce, and become active citizens. Governments and civil society organizations must invest in initiatives that promote girls' education, particularly in marginalized communities. This can be achieved by increasing access to educational resources, providing scholarships, and building gender-sensitive educational infrastructure. Moreover, educational curricula must be revised to promote gender equality, challenge stereotypes, and emphasize the importance of women's rights.

Protecting women from violence and discrimination requires a multifaceted approach. Governments must establish and implement effective mechanisms to prevent and respond to gender-based violence, including domestic violence, sexual harassment, and trafficking. This can be achieved by providing access to support services, such as counseling, legal aid, and shelters for survivors of violence. Furthermore, governments must engage in public awareness campaigns to challenge harmful social norms and attitudes that perpetuate gender-based violence.

Economic empowerment is another crucial aspect of promoting women's rights. Women's economic participation is essential for their independence, autonomy, and ability to make informed decisions about their lives. Governments and private sector organizations must implement policies and programs that promote women's economic empowerment, such as access

to credit, training, and entrepreneurship opportunities. Moreover, gender-sensitive labor laws and policies must be enacted to eliminate discrimination in the workplace, ensure equal pay for equal work, and provide maternity leave and childcare support.

In addition to these measures, addressing the root causes of gender inequality, such as patriarchal norms and stereotypes, is critical. Governments, civil society organizations, and communities must engage in initiatives that challenge harmful gender stereotypes and promote positive gender roles. This can be achieved through public awareness campaigns, community outreach programs, and media initiatives that promote gender equality. Violence against women is a global pandemic, a blight on humanity that transcends geographical boundaries, socioeconomic strata, and cultural norms. It is a multifaceted issue, fueled by deeply rooted societal structures, ingrained gender stereotypes, and a lack of adequate resources and support systems. Violence against women manifests in myriad forms, encompassing physical, sexual, emotional, and economic abuse. Domestic violence, often hidden within the walls of homes, takes a staggering toll on women's physical and mental well-being. Sexual violence, including rape, sexual assault, and harassment, is a violation of human rights, leaving deep psychological scars and shattering the very fabric of trust and safety. The threat of violence, often lurking in the shadows, limits women's freedom of movement, their ability to access education and employment, and their participation in public spaces.

The consequences of violence against women extend far beyond the immediate physical and emotional trauma. It perpetuates a cycle of fear and powerlessness, hindering women's ability to achieve their full potential. Studies have shown a correlation between violence and mental health issues such as depression, anxiety, and post-traumatic stress disorder. The economic impact is equally devastating, as violence often leads to job loss, increased healthcare costs, and diminished productivity. Understanding the root causes of violence against women is crucial for crafting effective solutions. Gender inequality, rooted in deeply ingrained patriarchal systems, plays a pivotal role. Societal norms that normalize male dominance, condone violence, and perpetuate harmful stereotypes create a fertile ground for abuse. Furthermore, lack of access to education, limited economic opportunities, and social isolation exacerbate women's vulnerability to violence.

The fight against violence against women necessitates a multi-pronged approach. Addressing the root causes requires challenging gender stereotypes, promoting gender equality, and fostering respect for women's rights. Empowering women through education, economic opportunities, and access to healthcare is paramount. Creating a supportive environment requires strengthening legal frameworks, increasing funding for shelters and support services, and ensuring access to justice for survivors. Addressing this complex issue also requires a shift in societal attitudes. We must break the silence surrounding violence against women, challenge the normalization of abuse, and encourage a culture of accountability and respect. Open dialogues, public awareness campaigns, and media representation that challenge harmful stereotypes can play a pivotal role in fostering a societal shift. The ultimate goal is not merely to protect women from violence but to create a world where violence is never an option. This requires a collective effort, involving governments, civil society organizations, communities, families, and individuals. Every person has a role to play in challenging harmful norms, speaking out against abuse, and supporting survivors.

Protecting women from violence is not an option, it is a moral imperative. It is a fundamental human right and a necessary step towards creating a more just and equitable society. By fostering understanding, challenging harmful stereotypes, and empowering women, we can

build a future where every woman can live free from fear and violence, and realize her full potential. Furthermore, the role of men and boys in promoting women's rights cannot be overstated. Engaging men and boys in the struggle for gender equality can help to challenge traditional gender roles and promote a culture of mutual respect and empathy. Governments and civil society organizations must implement programs that promote positive masculinity, challenge harmful gender stereotypes, and encourage men's participation in caregiving and domestic responsibilities.

## Conclusion.

In conclusion, protecting women's rights is an urgent imperative that requires a multifaceted approach. Governments, civil society organizations, and individuals must work together to enact and enforce gender-sensitive laws, promote education and economic empowerment, prevent gender-based violence, and challenge harmful gender stereotypes. By taking these measures, we can promote gender equality, empower women, and create a more just and equitable society for all. Ultimately, protecting women's rights is essential for achieving human dignity, promoting sustainable development, and creating a better future for generations to come.

In a world where women continue to face discrimination, violence, and marginalization, it is essential to reiterate the importance of protecting women's rights. The implementation of measures outlined in this essay can help to promote gender equality, empower women, and create a more just and equitable society. As we move forward, it is essential to recognize that protecting women's rights is not only a moral imperative but also a prerequisite for achieving sustainable development, promoting human dignity, and creating a better future for all.

### References:

- 1. Decree of the President of the Republic of Uzbekistan "On the strategy of actions for the further development of the Republic of Uzbekistan". 07.02.2017. PF-4947. Collection of legal documents of the Republic of Uzbekistan.
- 2. Torakulov E., Rahimov S. Abu Rayhan Beruni about spirituality and education. T.: Teacher, 1992. -80 pages.
- 3. Abdullina O.A. Obshchyepedagogicheskaya podgotovka uchitelya v systeme vyshego pedagogicheskogo obrazovaniya. M.: MGPU, 1990. 217 p
- 4. Shakhmurova, G. A., Azimov, I. T., Rakhmatov, U. E., & Akhmadaliyeva, B. S. Solution of biological problems and exercises (human and health). Teaching-methodological guidance." Literature sparks.
- 5. Ergashevich, R. U., & Mamayusufovich, A. S. (2023). ISSUES OF USING INTEGRATIVE KNOWLEDGE IN FORMING STUDENTS' PROFESSIONAL COMPETENCE.