

### THE ROLE OF THE FAMILY IN FORMING PERFECT STUDENTS IN THE VOCATIONAL SCHOOL

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**Annation:** In the article, the mechanisms that are in harmony with the family's educational, practical and spiritual values in the maturation of vocational school students are scientifically and empirically analyzed.

**Key words:** Family, child, love, society, moral value.

Family is the main institution of traditional education. Because the family is the basis of society and has strong spiritual foundations of many centuries. The first concepts, education and knowledge characteristic of our national ideology are formed first of all in the family. It is known that the family is a sacred place built on the basis of mutual harmony, fidelity, loyalty and love of husband and wife. If we explain this with the words of the first President of the Republic of Uzbekistan, I.A. Karimov: "If there is no mutual respect and strict order, if all members of the family do not fulfill their duties, with kindness towards each other it is impossible to live well and decently without kindness. The majority of Uzbeks do not care about their personal well-being, but rather about the safety of their relatives and close people, their neighbors. puts This is the highest spiritual value, the jewel of the human heart." Family environment has a great influence on children's mental and physical health, because children grow up under the influence of the family environment. It is not for nothing that such serious attention is paid to the family. Family and society are interconnected. It is a sacred space that sees all the achievements, shortcomings and conflicts of society. It is the source of continuing the human race, its generation. Therefore, the family is one of the most important life values for our people, which corresponds to the centuries-old traditions and spirit of the nation. While raising children, our ancestors paid great attention to their behavior, speech, how they behave in front of people, what they think about, and how they explain their goals. They didn't allow their children to snoop around, interfere in the conversations of adults, and do their dirty work. They consider these things to be the most important aspect of child rearing. The family environment influences children and adapts them to the life around them. And in the society, raising children mentally and physically healthy is not only a personal responsibility of parents, but also a social duty. Therefore, it is the duty and responsibility of every parent in the family to decide on a healthy lifestyle for everyone in the family, to achieve social and economic stability and well-being of the family, to raise an educated,

intelligent, capable, spiritually and spiritually perfect person in the family. traditions, profession, ensuring the continuation of the family tree, achieving productive spending of free time, and the emergence of some vices such as drug addiction, domestic impurity, immorality, unhealthy beliefs, bigotry, betrayal prevent it from happening and others. Children try to be like their parents, and parents, knowingly or unknowingly, instill their character traits and dreams in their children. Kindness, which is one of these character traits, is passed from parents to their children. Kindness, constant control and friendly advice of parents are especially important for children in adolescence. In the family, what the child is busy with and what kind of work he is doing is first noticed by the brothers and sisters, and later by the mother. But the great responsibility of raising a family falls primarily on fathers and mothers. At this point, it should be emphasized that the main influencing force in children's education is the mother. As the first president of the Republic of Uzbekistan said: "Those who unite the family and society, bring blessings to it, illuminate our homes with the light of love, grace, and goodness, are actually our honorable mothers." Therefore, the positive and rich social imagination of the family environment, as well as the future of children, their spiritual world, depends to a large extent on mothers. So, it proved how great the importance of priority relations, discipline, parenting duty, and family environment in the system of family spirituality is. Conflicts that occur naturally in family relationships, sometimes due to the fault of adults, are perceived, understood, and have a certain value (positive or negative) by a natural child. These evaluations are manifested in the form of negative behavior in real situations, as a result of which they are reflected in the child's aspirations for the family, its values, and building a family in the future. While we are building a democratic society and a civil society, educating a well-rounded person and bringing up a person rich in kindness will be one of the most important tasks, which requires the development of a culture of kindness in our society. For example, every person who is able to form a culture of kindness will be mentally and physically healthy.

In our country, 2000 is the Year of the Healthy Generation, 2001 is the Year of Mothers and Children, 2008 is the Year of the Youth, 2010 is the Year of the Healthy Generation, 2014 is the Year of the Healthy Child, and 2021 is the Year of the Youth. it is not for nothing that 2024 is announced as the "Year of Youth and Business Support". Because it is necessary to create the necessary conditions and opportunities for raising a healthy and well-rounded generation, realizing the creative and intellectual potential of young people, and raising the young men and women of our country to be well-rounded individuals who fully meet the requirements of the 21st century. defined as a wide range of clearly directed measures and priority tasks. At the same time, it is aimed at the wide introduction of teaching-methodical, spiritual-educational, modern pedagogical

technologies and the improvement of the work of raising the young generation to be physically fit. The creator of great countries and great discoveries is a perfect person. A person achieves perfection through education. Our people have been paying special attention to education and arts since ancient times. Parent-child relationships have always been cherished. A parent is a lifelong example and a lifelong teacher for a child. That's why our people highly appreciate those who are responsible for the education and destiny of the young generation - educators, teachers, and medical workers. They inculcate in the souls of our children the beautiful qualities of our motherland, a healthy way of life and a healthy way of thinking. Such a multifaceted upbringing is the main factor for the emergence of the high characteristics characteristic of our nation's heredity. From Azal, the father who is marrying his son or giving birth to his daughter asks for the seven roses of his gods. Amir Timur admits that he personally paid attention to the search for a bride in his concern to marry his sons, grandsons and relatives, and considered this work equal to state affairs. This is a sign of a great philosophy of life, a stable moral belief, and a bone-chilling wisdom. The development of the education and training, healthcare system on the basis of such a philosophy of life is a matter of course. The level of maturity of each nation, each generation ultimately decides the prospects, development and destiny of this nation. Raising a mentally and physically mature generation is not only a national need, but also a matter of national importance, a noble goal for all brotherly peoples born and raised in our multi-ethnic Motherland. At this point, the national and universal values, the best traditions of our rich spiritual heritage and the new traditions that are being formed come together and become a powerful factor of education. In the process of enriching the heredity of our people, raising a mentally and physically healthy generation, a perfect human being, a joint member of the family, state and society, is formed - a man of the 21st century. A perfect person is a criterion and quality of a healthy person. Virtue, in Aristotle's words, is the opposite of both deficiency and excess. That is, it is the embodiment of perfection. The concept of a healthy person is also historical and reflects the characteristics of its time. No matter how sad or happy a healthy person is, he can perceive the world correctly, he can see the flower that is blooming near him, he has the understanding to tear off the cocoon wrapped around his body. . So, he is able to say the right thing and do the right thing. One of the issues in the focus of our society today is raising a mature generation. Of course, in the years of independence, incomparable good deeds were done in the way of bringing up a mature generation. It is necessary to start raising a perfect generation from preschool education organizations. Because the centers of arousal change rapidly in children of this period. Therefore, the behavior and attention of children of this age is unstable and does not last long. As the age of the child increases,

the excitation generated in the dominant centers becomes stable, it is excited for a long time, and the sum of effects increases. Dominant centers of certain influences are gradually emerging. The education we give to children is correct only when these dominant centers are positive. Many events and incidents in the environment and social conditions that surround us leave a deep impression on children. Education given to children is better remembered if it is in the form of various pictures, fairy tales, various games, because various childhood events are remembered for a lifetime. In the central nervous system, a neuron is a structure consisting of a chain, and when the excitation passes from one neuron to another neuron, it creates a chain rhythmic excitation. Long-term memory of life experience, that is, upbringing, is associated with deep metabolic changes in the neuroplasm. During the period of functioning in a young organism, the neuron undergoes strong protein breakdown and synthesis processes. It is this process that underlies long-term memory. The organism is constantly affected by changes in the external and internal environment. A slight change in the environment changes the ratio of excitatory and inhibitory processes in the cerebral cortex. That is why proper education in childhood gives positive results. The formation of higher-order positive reflexes in children depends on their age. We are sure that the perfect generation, the future of our country, will be formed through science, education, and work. The great future of Uzbekistan will be realized through science, education and work.

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