

**PSYCHOLINGUISTIC FACTORS AFFECTING THE EFFECTIVENESS OF  
LEARNING INTO PROFESSIONAL-ORIENTED ENGLISH****Giyasova Azizakhon Muratovna**

**Annotation:** Psycholinguistics has provided numerous theories that explain how a person acquires a language, produces and perceives both spoken and written language. The theories have been used in the field of language teaching.

**Key words:** Psycholinguistics, approach, method, teaching.

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**Introduction**

Psycholinguistics is an integration of two disciplines; psychology and linguistics. Psychology is the study of mind and behavior; linguistics is the study of language. So, in general, psycholinguistics can be defined as the study of mind and language. It is concerned with the relationship between the human mind and the language as it examines the processes that occur in brain while producing and perceiving language. Psycholinguistics covers three main points; language production, language perception and language acquisition. Language production refers to the processes involved in creating and expressing meaning through language. Language perception refers to processes involved in interpreting and understanding both written and spoken language. Language acquisition refers to processes of acquiring a native or a second language. Psycholinguistics has provided numerous theories that explain the three points above. The theories have been very useful in the field of language teaching. Some experts use them as the basic theories in developing language teaching methods. It is known as psycholinguistics approach. Psycholinguistic approach views that language and thought as related but completely independent phenomena. Learning is viewed as a cognitive individual process happening within the individual and then moves to the social dimension. Psycholinguistics as a study of the psychology of language is realized in language teaching. It helps to study the psychological factors that are possibly involved in languages learning. Psycholinguistics focuses on the application of the actual language and communication. It is necessary to make a decision in applying various methods that allow students to easily understand a language. As an approach, there are some methods which were developed based on psycholinguistics theories and the methods have been used widely in the field of language teaching over the countries. Some kinds of the method will be explained in this paper. To avoid misconception, some terms related to psycholinguistics and language learning and teaching will also explain in this paper.

Psycholinguistics Approach No child fails to learn a native tongue and it is mainly learned before the age of five. Children are not taught language formally, but they all reach the same level of proficiency in using their native tongue by the time schools begins. Therefore psycholinguistics approach supports the idea that language acquisition is innately determined and it is rewired by birth since both acquisition and improvement in language are a biological process. Acquiring a language requires perception skills, cognition abilities, and other mechanism that are related with language. Students are considered as people that always involve the three domains of psychology -cognitive, affective, and psychomotor- in their daily activities. The ability to use both receptive language (listening and reading) and productive (speaking and writing) involving the three domains earlier. The forms of language are organized in the mind of human beings with

interdependent connection of memory, perception, thought, meaning, and emotion. Psycholinguistic approaches to language learning conceive language learning as a cognitive and individual process in which knowledge is constructed as the learner is exposed to comprehensible input, is given opportunities to both, negotiate, and receive negative feedback. Psycholinguistic approaches to language learning tend to agree that a learner needs to be exposed to input. One of the most widely studied theories of input is Krashen's input hypothesis. This theory predicts the likelihood for a learner to acquire a language when he/she is exposed to comprehensible input. Thus, to increase the chances for input comprehension, input should be just one step beyond the learner's current stage of linguistic competence. The interaction hypothesis asserts that besides the input the learner is exposed to, manipulation of such input through interaction is what forms the basis for language development. According to Long input comprehensibility increases as learners interact and use different type of interactional modifications (comprehension checks, confirmation checks, and clarification requests) to overcome communication breakdowns. Long's work sparked interest among the so-called interactionist who turned their research agendas to examine how speakers modify their speech and interaction patterns to allow their interlocutors to participate, understand, and keep the flow of conversations. The psycholinguistics approach focuses upon what humans know when they talk and how they acquire that knowledge and how that knowledge is put to use. Matlin states that the central approach of psycholinguistics theory is how people learn a language biologically and what transformational rules that enable people understand the language. This means that developmentally appropriate instruction must be considered in language learning.

Psycholinguistics theories have explained the mental processes that occur in human brain during a person produces and perceives a language. Language perception includes the activity of listening and reading, while the language production includes the activity of speaking and writing. The four activities are called as the four of language skills. Following will be described some benefits of psycholinguistics theories in language learning and teaching as explained by Demirezen.

1. Psycholinguistics Approach and Listening Skill Psycholinguistics researchers have indicated that in teaching listening, the intrinsic and extrinsic difficulties should be overcome in order to reach to a highly qualified listening activity. Intrinsic difficulty refers to the speed of the speech, number of unknown words, and prior knowledge about topic. Extrinsic difficulty refers to students' interest, motivation, purpose of listening activity, and noise in the environment. Psycholinguistics knowledge will help teacher to reduce the intrinsic and extrinsic difficulties. Teacher can prepare a listening text with topic that is familiar for students, consisting of 100 words, and including 10 new vocabulary items. Teacher also minds about the reading speed and the noise of environment. Moreover, teacher can increase students' interest and motivation by designing an interesting and comfortable class.

2. Psycholinguistics Approach and Reading Skill Psycholinguistics approach resorts to text-based approach as a case of bottom-up processing so as to emphasize the comprehension activity and top-down processing to stress the fact that comprehension rests primarily on students' knowledge base. Bottom-up processing happens when someone tries to understand language by looking at individual meanings or grammatical characteristics of the most basic units of the text and moves from these to trying to understand the whole text. Top-down processing of language happens when someone uses background information to predict the meaning of language they are going to read to. Rather than relying first on the actual words, they develop expectations

about what they will read, and confirm or reject these as they read. This theory emphasizes that the understanding the meaning of a text essentially rests on the prior knowledge of students. Psycholinguistics helps learners to reduce the intrinsic difficulties in reading activity by arousing the interest of the students onto the reading text. Teachers need to provide authentic and contextual reading material because if students are not properly exposed to authentic materials they may fail in seeing their relevance to the real world.

3. Psycholinguistics Approach and Writing Skill Psycholinguistics helps in understanding the students' mistakes in writing. It has a clear contribution on spelling mistakes since in English words are not spelled as they sound. There is a hardship on this case because storing of the spelling of words and retrieve them on demand is very difficult. Psycholinguistics approach indicates that there are mistakes in writing caused by agraphia, which must be treated properly. Psycholinguistics helps to find interesting topic to write. It serves to decrease the level of the difficulties in writing. It helps to specify the writing levels and writing types. It pins down the mechanic mistakes on punctuation and suggests certain cures for them.

4. Psycholinguistics Approach and Speaking Skill Psycholinguistic approach has a workable control over the field of teaching speaking as a skill. It has specified several difficulties on speaking such as students' oriented difficulty. Psycholinguistics also explains that personality, like introvert and extrovert students, affects students' performance in language learning. Speaking defects like voice disorders, stuttering, and disarticulation are also psychological in origin caused by personality factor. There are also some traumatic disorders such as aphasia and autism caused by localized in damage. It is recommend therapies and counseling practices for such difficulties. Thus, the investigations of psycholinguistic approach have provided solutions for almost each type of language learning difficulty. With the knowledge, teachers can apply the appropriate techniques to teach speaking skills by considering the condition of the learner and find interesting topics to be discussed in speaking class.

An approach in language teaching consists of theories of the nature of language and the theories of language learning. Language teaching methods are concretization of language teaching approaches. A method of language teaching can be well understood if its fundamental theories are clearly understood. Fundamental theories in developing language teaching methods are divided into two main theories; the theory of language and the theory of language learning. There are three fundamental theoretical views in developing the language teaching method: structural theory, functional theory, and interactional theory. Structural theory views language as a system of grammatical unit: phrases, clauses, sentences, affixes, and soon. Functional theory views language from its function as a mean of communication: informational, emotional, persuasive, and social. Interactional theory views language as a mean to realize interpersonal relationship and as a performance of social transaction between individual and society. Each view implicates differently in the development of language teaching method. Beside the theory of language, the developing of language teaching method is also based on the theory of language learning that related to two main questions; (1) what cognitive process that involved in language learning, and (2) what condition are needed to reach a high quality of language learning activity. Psycholinguistics has clearly answered these two questions. Therefore, psycholinguistics has been used widely as fundamental theory in developing language teaching method. Some methods which were developed based on psycholinguistic approach are described as following.

1. Natural Method This method is developed by Tracy D. Terrel. This method believes that language learning is a reproduction of the way humans naturally acquire their native language.

This method rejects earlier methods such as the audiolingual method. Psycholinguistic principles in language learning according this method are as following.

- a. Language mastery relies on learning language skills in natural context and less on conscious learning of grammatical rules.
- b. Learning a language is an effort to develop communicative competence, the ability to understand the speech of native speakers and native speakers understand the learners' speech without any error which can interfere with meaning.
- c. Comprehension is primary than production.
- d. The model that underlies this method is five monitors theory:
  - (1) acquisitionlearning hypothesis,
  - (2) natural order hypothesis,
  - (3) monitor hypothesis,
  - (4) feedback hypothesis,
  - (5) affective filter hypothesis.

The consistency of this method is shown by natural technique developed by teacher. Teacher stimulates the learners to competence activity such as problem solving, game, and humanistic affective. Problem solving is designed to train learners to find out a right situational answer or solution. Games are considered as an interlude activity, but it is designed to improve students' language competence. Humanistic affective is designed to implicate opinions, feelings, ideas, and reaction to language learning activity.

2. Total Physical Response Method This method is developed by psychologist from San Jose State College, United States, James J. Asher (1966). Psycholinguistic principles in language learning according this method are as following.

- a. Language competence will improve significantly by involving kinesthetic sensory system in language learning. This related to the fact that children are given utterances that require them to move physically.
- b. Comprehension is primary rather than speech production. Students are directed to achieve comprehension competences before they try to speak or write. Related to kinesthetic theory, it is believed that there is a positive correlation between physical movements and students' language achievement. It becomes the focus in designing and applying appropriate language teaching technique in a certain topic. A spacious classroom is required in applying this method. The class ideally consists of 20-25 students. This method can be applied to teach children or adults. Grammatical rules are presented in imperative sentences because basically all materials are presented in imperative sentences. In this method, dictionary is unneeded because the meaning of words will be expressed by physical activities. Students usually do not get homework because language learning is performed together in the classroom.

Each meeting in this method is divided into three time allocations. The first is reviewing the previous topic through discussion, games, sketch, or role playing. If students do some mistakes, teacher corrects it carefully to keep a positive atmosphere. The second is distributing the dialogue traditionally. The third is relaxing students. This is divided into two: active activity and passive activity.

## References

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