

## THE INFLUENCE OF RIDDLES ON THE COGNITION OF CHILDREN

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**Anotatsiya:** Ushbu maqolada topishmoqlarning yoshlarga moslashuviga ko'ra turlanishi, ularning turli yoshdagi bolalar ongiga ta'siri haqida ma'lumotlar berilgan. Topishmoqlardan dars jarayonlarida foydalanishning o'rni va uning dars samaradorligiga ta'siri yuzasidan izlanishlar olib borilgan. Shuningdek topishmoqlardan bolalar rivojlanishini oshirishda turli usullar yordamida foydalanish masalasi ham ko'rib chiqilgan.

**Аннотация :** В данной статье представлена информация о классификации загадок по степени их адаптации для молодежи, их влиянию на сознание детей разного возраста. Были проведены научные исследования о роли использования загадок в учебном процессе и ее влиянии на эффективность урока. Также был рассмотрен вопрос использования загадок для улучшения развития детей разными методами.

**Abstract:** This article provides information on the classification of riddles according to their adaptation to young people, their impact on the minds of children of different ages. Research has been conducted on the role of using riddles in the teaching process and its effect on the effectiveness of the lesson. Also, the question of using riddles to improve children's development using different methods was considered.

**Key words:** riddles, comprehension, memory, skills, education tools, confidence, beneficial materials, influence, effective, folklore, concentration

**Ключивая слова:** загадки, понимание, память, навыки, средства обучения, уверенность, полезные материалы, влияние, эффективный, фольклор, концентрация

**Kalit so'zlar:** topishmoqlar, tushunish, xotira, ko'nikmalar, ta'lim vositalari, ishonch, foydali materiallar, ta'sir, ta'sirchan, folklor, konsentratsiya

**Introduction :** People try to learn new things during their lives, and acquired knowledge help them to do something beneficial, to achieve goals and improve their lifestyle. As earlier a person begin to become aware of new skills, as easier they can gain. It is not a secret that children can acquire anything easily and we should try to teach them in their early ages. In the way of education we can use various types of methods and tools. Different riddles, puzzles, tongue twisters can be helpful for improving the language skills of children. In the given article there is described the beneficial sight of riddles, and their effects to the development of the cognition of children. Riddles and various types of puzzles can be used during the lesson, to boost up the effectiveness of the lesson, this method helps to make this lesson more interesting, and teachers can easily grab the attention of their learners which provide the the interaction of students.

### Materials and methods

The brain of a child works like a new sponch, that gets any new knowledge easily, that is why, parents, teachers and also relatives of children should be ready to train with them, to give instructions in new

skills. In the schools around the world, various technologies and special materials are being used to make teaching process easier. General secondary education the content of educational materials related to the subject of the native language in the system improvement, formation of students' literary pronunciation skills, spelling increase literacy, teach independent thinking - speech skills a systematic approach to development is relevant today at the level of state policy has been one of the issues.<sup>1</sup> To make lessons more interesting and effective; to make students learning process easier and memorable adding beneficial materials and tools are also approved by famous scientists around the world. Posters, visual materials and folklores can be example for these tools. For instance, riddles and puzzles of the most beneficial tools for education. They are not only for fun, but they can also help develop important learning and problem -solving skills of children. Among many benefits of riddles, we can highlight followings:

- Improvement of problem solving skills
- Development of critical thinking
- Improved memory and concentration
- Development of creativity
- Improvement of communication and interaction
- Increase self esteem and confident
- Encouraging teamwork and collaboration

They make children to think, in addition it may affect the language skills and concentration, while improving creativity, comprehension, memory, teamwork and collaboration. Many riddles can be solved in teams, which fosters collaboration among students and improves social relationships within the classroom. Riddles can help out to read quickly enough or understand difficult content by expanding vocabulary and increasing the ability to understand. When children read riddles, or teacher reads them out kids start to think deeply, and their minds try to search various information from the storage of the memory which helps to improve the consciousness of the brain. Increased self-esteem and confidence. When children solve a riddle, they feel proud of their accomplishments and skills. Improved communication. Children who spend time wrestling with riddles tend to learn to focus and think outside of the box. And when a young child works a riddle that relies on a play on words, they're likely exposed to new words and new ways to use them while subliminally learning about the rhythm of language and how words rhyme. It means that, riddles are very beneficial not only for the memory and concentration, but also they can help to boost up the pronunciation.

### **Results and discussion**

Looking at so many benefits of riddles, it is clear that, riddles should be taught to children, in order to help them to be more smart and confident. In addition it can be very beneficial to use various types of riddles according to the age and cognition of students during the lesson. Nowadays interesting, different types of books of riddles are being sold that are full of various colorful pictures, and these types of works make easier the progress of education.

In addition to these facts, it is approved that, riddles can also help kindergarten children build math and logical thinking skills. Interesting and unusual riddles make kids think outside of the box, encouraging creativity and critical thinking, and provide entertainment.

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