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# THEORETICAL AND METHODOLOGICAL ANALYSIS OF THE CONCEPT OF PERSONAL FREEDOM

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**Abstract:** The study of freedom and social responsibility in the practical activities of the individual, the reaction to the phenomena of existence (ecology, global, socio-political processes) is one of the important philosophical problems of today. In the article, the impact of freedom and responsibility on the spirituality of the individual is analyzed from a scientific and practical point of view.

Key words: personal spirituality, freedom, activity, social responsibility.

**Introduction:**A socio-philosophical approach to the issue of the role of a person in society, the relationship between freedom and social responsibility, more freedom in the interpretation of these issues, lighter requirements for proving the proposed rules, giving definitions based on observation are important in achieving the expected results. At first glance, this approach may not seem to be of much importance. But in practice this is not the case. Because in the course of a person's purposeful activity, his freedom goes through different stages, that is, from subjective awareness of freedom to its objective realization.

**Literature analysis and methodology.** A person has the ability to predetermine the result of his spiritual activity. That is why these features of freedom have been in the constant focus of scientific research throughout the entire historical development of mankind. The limit of human freedom, known as epistemological freedom, is considered to be of a specific nature. We remind that epistemology is a theory of knowledge, that is, the ability of epistemological freedom is defined as the ability of a person to act on a larger scale and successfully due to the knowledge of the laws of the surrounding natural and social world. The great German philosopher F.V. Hegel defines freedom as "a perceived necessity"[1], In our opinion, Hegel's definition of freedom is very concise and logically perfect.

The relative character of freedom is reflected in the responsibility of the individual, in his relationship with other individuals, and in his duty to society. The relationship between individual freedom and responsibility is proportional: the more freedom society gives to a person, the more responsibility it takes to use this freedom. Otherwise, there will be anarchy that will destroy the society. **Results.** Each of us should not forget this every hour, every second. As Goethe said: "When we learn not only to recognize but to respect something higher than ourselves, we become freer. Because such respect makes us great; it shows recognition and that we carry a certain superiority within us. With this, we deserve to be equal to him"[2]. At the same time, individual freedom depends on the nature of the social system in which he lives, the economic, political, legal, cultural character of social relations, and the



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level of people's spirituality. The freedom of the individual, in turn, is related to his sense of duty and responsibility towards the members of the society in which he lives.

"Responsibility" is a comprehensive concept, which as a philosophical category means that human actions are performed in a conscious state in social reality. In some literature, the following types of it are noted separately: social responsibility, moral responsibility, material responsibility, physical responsibility, spiritual responsibility, natural responsibility. We will focus on these functions and relations based on the requirements of our research according to our topic. In philosophy, this concept is defined and classified from the point of view of fulfilling the moral and moral requirements of society.

**Discussion**. However, it should not be forgotten that today's global events, drastic changes in the thinking of mankind, at this level of freedom are also expressed by the presence of vices of selfishness, cruelty, and individualism in a person. At the same time, it is possible to form a sense of responsibility towards the society for his behavior and behavior in a person who is acting freely based on objective necessity. Responsibility is related to the level of development of social consciousness, the state of social relations, the work of social institutions and public organizations operating in society. For the same reason, in the present conditions where a humane, democratic society is being built in our country, it is important to harmonize human freedom and responsibility. In fact, before solving the tasks in front of him, a person should put everything in the balance of his mind, predict the probable results of the practical steps he takes. In this sense, when we study the influence of freedom and responsibility on the spirituality of a person, we are convinced that its beginning and end are directly related to philosophy. Therefore, we can see that philosophy can acquire a richer meaning only when it has interaction with spirituality in the matter of freedom and responsibility.

**Summary**. To summarize the above, we can conclude that the values deeply explored in the history of social and philosophical thought, especially by the intellectuals of the Eastern Renaissance and Western Renaissance and Enlightenment: willpower, diligence, hard work, initiative, ability and etc. remains the main feature of harmonizing responsibilities. The formation of these characteristics was the first step in the manifestation of individual freedom.

This aspect of human personality is not only individual in nature, but also has a broad social meaning. That is, not only individuals, but also large or small nations, and people have the freedom of social choice in all aspects of their destiny. But these are not the result of the pure subjectivity of the individual and social forces, but rather the result of the fact that they are objectively determined. Such coercion is closely related to individual freedom.

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- 1. Hegel. The science of logic. Volume 1. M.: Mysl, 1995. P. 338
- 2. Autobiography of I. Goethe. Poetry and Truth (Dichtung und Wahrheit). M.: Zakharov, 2003. P. 736.