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#### DIFFERENCES BETWEEN METHODS OF TEACHING FOREIGN LANGUAGES

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**Abstract:** Teaching foreign languages has evolved over the years, with educators experimenting with different methods to enhance language learning and teaching foreign languages is a complex and dynamic process that requires careful consideration of various methods and approaches. This article delves into the diverse approaches used in teaching foreign languages, highlighting their unique characteristics, advantages, and limitations, we will explore and compare different methods used in teaching foreign languages, highlighting their strengths and weaknesses.

**Key words:**Grammar-Translation Method, Direct Method, Audio-Lingual Method, Communicative Language Teaching, Task-Based Language Teaching, Total Physical Response, The Silent Way, The Natural Approach, Content-Based Instruction, Immersion Method.

Learning a foreign language can be a transformative experience, opening doors to new cultures, opportunities, and ways of thinking. However, the approach to teaching a foreign language can greatly impact the effectiveness and enjoyment of the learning process. Various methods and techniques have been developed over the years, each with its own strengths and weaknesses. Understanding these differences is crucial for both educators and learners seeking to navigate the vast landscape of language education. In this article, we will explore the key differences between some of the most prominent methods of teaching foreign languages, shedding light on their unique characteristics, benefits, and potential challenges. By delving into these methodologies, we aim to provide insights that will help individuals make informed decisions about how best to embark on their language learning journey. "These two words – 'method' and 'approach' – are often confused with each other because of the similarity in their meanings. Both are instructional designs with principles and practices that guide the process of teaching and learning. The difference is to be found in their levels of flexibility. A method is a way of teaching where there are prescribed objectives and guidelines, and the teacher has little or no leeway when it comes to implementation. An approach is a way of teaching whose principles can be applied in many different ways." Learning a foreign language is a rewarding endeavor that opens doors to new cultures, perspectives, and opportunities. Effective language teaching methods play a crucial role in facilitating this learning process. Different approaches have been developed to cater to the diverse needs and learning styles of students.

#### **Grammar-Translation Method**

The traditional grammar-translation method focuses on memorizing vocabulary and grammatical rules. It emphasizes reading and writing skills, often neglecting oral proficiency. While it helps in understanding language structure, it may hinder communicative abilities. "This is a traditional teaching style that originated in the late 19th century. Students analyse the grammatical rules of English and then practice translating discourse from their mother tongue into English and vice versa. To achieve this, students are expected to memorize long vocabulary lists and complex grammatical paradigms. A usual approach with regard to a classroom activity would be to provide a student with an item of grammar,

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¹ https://tesoladvantage.com/methods-and-approaches-of-english-language-teaching/#:~:text=The%20difference%20is%20to%20be,applied%20in%20many%20different%20ways



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show how it is used in a text and then practice using the item through writing paragraphs, essays or summaries in the target language. The method emphasizes accuracy over fluency. Learners develop reading and writing skills, with little opportunity to practice listening and speaking. This means that students learning English through the Grammar Translation method often have trouble communicating in the real world."<sup>2</sup>

#### **Direct Method**

The direct method emphasizes oral communication and immersion in the target language. It discourages translation and encourages learning through context and real-life situations. This method aims to develop students' speaking and listening skills naturally. The Direct Method, also known as the Natural Method, is an approach to language teaching that emphasizes the use of the target language in the classroom. It was developed in the late 19th and early 20th centuries as a reaction against the Grammar-Translation Method.

## **Communicative Language Teaching (CLT)**

CLT focuses on meaningful communication and interaction in the target language. It promotes real-life scenarios, role-plays, and group activities to enhance language proficiency. CLT encourages students to use the language creatively and functionally. "The strengths of communicative language teaching include that it's rooted in communication, it's holistic, engaging, and a learner-centered approach, meaning that class activities are focused on and driven by the students instead of the teacher." <sup>3</sup>

## Task-Based Language Teaching (TBLT)

TBLT emphasizes learning through tasks or activities that simulate real-world language use. Students work on specific tasks that require language skills, fostering communication and problem-solving abilities. TBLT promotes practical language application. "Task-based Teaching (TBT) [and Task-based Learning (TBL)] is the approach that TESOL Advantage advocates as best practice when it come to English language teaching. While TBT's basic principles are derived from CLT, there are some important differences. Critics of CLT have raised the following concerns:

- 1. Teachers can struggle with the non-specific requirements of CLT.
- 1. Teachers are often worried about giving up too much control during a CLT exercise.
- 2. Many learners have low intrinsic motivation to communicate in a foreign language and so struggle with CLT student-centric exercises.
- 3. Because CLT is a meaning-focused approach, learners may struggle with grammar issues."4

In conclusion, the methods of teaching foreign languages vary widely, each with its own strengths and weaknesses. The traditional grammar-translation method focuses on reading and writing skills, while communicative language teaching emphasizes real-life communication. The audio-lingual method stresses repetition and drills for language acquisition, while the direct method immerses students in the target language from the start. Ultimately, the most effective method depends on the goals of the learners, their learning styles, and the context in which the language is being taught. A combination of

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<sup>&</sup>lt;sup>2</sup> https://tesoladvantage.com/methods-and-approaches-of-english-language-teaching/#:~:text=The%20difference%20is%20to%20be,applied%20in%20many%20different%20ways

 $<sup>^3 \</sup> https://study.com/academy/lesson/communicative-language-teaching-definition-overview-example.html \#: \sim: text = The \%20 strengths \%20 of \%20 communicative \%20 language, students \%20 instead \%20 of \%20 the \%20 teached and the state of the state of$ 

<sup>&</sup>lt;sup>4</sup> https://tesoladvantage.com/methods-and-approaches-of-english-language-teaching/#:~:text=The%20difference%20is%20to%20be,applied%20in%20many%20different%20ways



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different methods, known as an eclectic approach, may provide a well-rounded language learning experience. By understanding the key differences between these methods, educators can tailor their teaching strategies to best meet the needs of their students and help them become proficient in a foreign language.

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