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THE ROLE OF SOCIAL MEDIA IN HUMANS LIFE

Annotiation: In this modern world, the Internet has a very strong influence on people's lives. While some people use it properly, in some cases the internet is taking them into its trap. We can cite many examples of this.

Annotasiya: Hozirgi globallashgan zamonda internet insonlarning hayotiga katta ta'sirini o'tkazmoqda. Ba'zi odamlar bundan to'g'ri foydalansa , ba'zi hollarda internet ularni o' domiga tortib ketmoqda.

Аннотация: В наше время Интернет оказывает очень сильное влияние на жизнь людей. Хотя некоторые люди исползуют это правильно , в не которых случаях интернет заманивает их свою ловушкую мы можем привести множество пртиеров этому.

Key words: interconnected,worldwide, necessity, virtuality, entrance exams, website, COVID-19, entertainment,stalkers, hacker.

The internet is a vast global network of interconnected servers. It allows to users to exchange data, access information to others or worldwide and communicate. It operates through a system of protocols and provides different online services.

The internet is very useful in our life. It has revolutionized our lifestyle. We can use it for booking tickets, banking, clicking or studying, etc. the internet saves us a lot of time. We can see our friends and family living far away through video calls, using the internet. Internet is not just a need, it has become a our necessity. From before it was used as a source of entertainment however now it is impossible to work in offices or study without the net. When the global pandemic locked everyone in their house , it became an important medium to connect, study and work. In pandemic of COVID-19 , students were can not study without the internet.

On the other hand , many of us use it for virtuality. In addition, we work on it. A lot of people can work on this, such as online shopping magazines, can participate online international projects, or join in online compettitions. We are also using in various entrance exams such as TOEFL, IELTS, TESL or SAT.

The last few years have witnessed heavy reliance on the Internet.this has been because of multiple advantages that it has to offer – for instance, reducing work stress and changing the face of communication most importantly.

In the education sector too, it plays ba major role, especially taking into consideration the pandemic. The Internet during the pandemic provided an easy alternative to replace the traditional education system and offers additional resources for studying, students can take their classes in the comforts of their homes. Through the internet, they can also browse for classes – lectures at noextra cost. The presence of the Internet is slowly replacing the use of traditional newspapers. It offers various recreational advantages as well. It can be correctly said that the internet plays a great role in the enhancement of quality of life.[1]

Many people use it for email, sharing of files, watching videos or movies, listening to songs, research purposes and education. The internet has also altered our interactions with our families, friends, and life partners. Everyone is now connected to everyone else in a more simplified , accessible, and immediate manner. We conduct part of our personal relationships using our laptops, smartphones.

Turning to the other sides of the argument is the internet is the whole world spider web. Although we think that there are only good sides to it, it also has its own bad sides. Below is given a list of the disadvantages:

- Addiction, time waster
- Causes distractions
- Spam and advertising
- Bullying
- Identify theft, hacking
- Viruses
- Cheating
- Affects focus and patience
- Stalkers and crime.
- Pornographic and violent images.

If any person spend much time on the internet connected devices, he can be addicted to the internet. On the other hand , a person who uses the internet very frequently can face abusive or trolls' people. Another issue cyberbullying is also increasing rapidly over the years.

In modern times , there is a huge amount of content available on the internet. Also, there are various resources that contain a large amount of data, such as Wikipedia, and some sites are also available that have less desirable content.

There are various malicious users and computer hackers that can steal your personal information and hack accounts, whivh can be used for identify theft and can be harmful to you personally.

The other side, the internet may not be useful for children as they are spending much time on the net. Also, there are many unethical and pornography communities are available on the Iternet that can cause to district their mind.therefore, the internet is not beneficial for children as they can bypass parental protection with the help of different tools available on the internet.

An internet addiction can have many harmful effects on a person, both emotionally and physically. Carpal Tunnel, Body, Syndrome, insomnia , vision problems and weight gain are just some of the physical problems one may suffer as a result of an internet education.[2]

Everthing becomes easy with modern technology. We call each other or send messages. Sometimes we chat online and even see each other on the screen with help of a small camera. We often send pictures and letters by internet as well.

The intertnet has changed our lifestyle. People can get information of what happening in the world at an time and at an place through Internet we may-talk to the friends in the world who are far away from us. But I also has some downside. The Internet is also a Source of violence and porn which fry III do harm to Innocent children. Besides being classmates and colleagues, I think the most way to make friends is through other friends. It is especially true for people like me, because I am introverted and not used to introducing myself to strangers. In addition, with the development of the internet more and more young people enjoy making friends online. Another, the consumers can access the virtual stores on the internet and browse for items they love. Moreover, they can compare prices and look at the review sections and receice advice whether that product is worth buying or not.

Another problem is that we coordinate all meet-ups by WhatsApp, SMS, or Facebook pages. I am not into talking on the phone, so I really prefer this meanof communication. I think the fear of strangers from the internet is lessening a lot nowadays.

To sum up, the internet has profoundly impacted our world, transforming how we communicate, learn, work, manage our finances, shop and entertainment. It has made our lives more comfortable and connected and will go on to evolve and shape our future in countless ways.

Used Literature:

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2.   www.addictioncenter.com "Internet Addiction"
3.   The Internet: A Historical Overview by James A. Belson
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